



# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 27, 2020

NOVEMBER/DECEMBER SUNRISE/SUNSET: 27 6:56 • 5:36 28 6:57 • 5:36 29 6:58 • 5:36 30 6:59 • 5:35 1 6:59 • 5:35 2 7:00 • 5:36 3 7:01 • 5:36

## Captiva Historical Society Preserves Big Fish Stories

by Kathy Kurtz Ferrari

**D**id you hear about the one that got away?

The Captiva Island Historical Society recently invited people to its first Share Your Story event of the season, this time focusing on fishing in area waters.

Jensen's Twin Palm Cottages and Marina hosted Share Your Big Fish Story on November 16, as award-winning videographer Ken Sneed set up his filming equipment in the "World's Smallest Fishing Museum" to record memories from those with a story to tell. Some of the footage will be used for *The History of Angling on Captiva*, the society's ninth documentary.

Fishing has always been an integral part of the fabric of Captiva. About a dozen people stopped by to have their big fish story taped. A few others brought artifacts like old rods, reels and photos



Fishing guide Duke Sells shares fish stories in the "World's Smallest Fishing Museum" at Jensen's Marina, as videographer Ken Sneed records the account for the Captiva Island Historical Society event  
photo by Kathy Kurtz Ferrari

that were documented and archived into the society's online collection.

Longtime Captiva resident and

fishing guide Duke Sells, wearing a shirt emblazoned with the logo of the Captiva Island Rod and Gun Club, which he

helped establish with Dave Jensen and a few others, regaled those gathered with amusing tales.

"I used to take this doctor out, and his wife wanted to catch a tarpon," said Sells in an easy, southern drawl. "She had long hair, in the front and in the back. And she was pulling in a tarpon, leaning down and leaning back winding in the big reel. And she started yelling, 'Ow ow ow!' She had wrapped her hair into this reel. She's yelling, 'Help me! Help me!' So I just took my fillet knife out and, zip, I cut her hair. And for years, when I'd see her around, she'd call me her barber."

Dave Godfrey, a Jensen's employee with a long history of fishing around the islands, told stories of working for Ralph and Esperanza Woodring, two of the area's first fishing guides. Between stories, Godfrey grilled mullet fillets to serve to the crowd.

"Over at Woodring Point with Esperanza and Ralph, we were in the yard working on boats and stuff, and in the middle of the day, Ralph would say, 'Go out and throw the cast net.' In the winter time, we'd get mullet in the net. We'd take

continued on page 8

## New Exhibit At Community House



White Pelicans by Kathy Taylor

submitted by Renée Chastant

Local artists and Sanibel Captiva Art League members Joan Tangren Reynolds and Kathy Taylor are exhibiting their art for the month of December at The Community House

Viewing hours are 9 a.m. to 3 p.m. Monday through Friday. The exhibit is also available as a virtual show on the website 24 hours a day at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net).

Tangren Reynolds works in oil,



Lighthouse Patterns by Joan Tangren Reynolds

acrylic, pastel, watercolor, ink and wax. The subject matter in her paintings has remained the same, however, for quite some time – landscapes, both urban and rural. Painting directly on site, plein air, has been a whole new inspiration. She said, "Simplifying and composing a

painting on site is constantly a challenge."

Originally from St. Paul, Minnesota, Tangren Reynolds chose a career as a nurse anesthetist. She retired in 1970 to become a full-time parent. She took an art class from a former Norman Rockwell

continued on page 22

images provided

# Holiday Kick-Off Party

## THREE WAYS TO SHOP!

**ALL-DAY**  
**SATURDAY**  
**NOVEMBER 28<sup>TH</sup>**  
**10AM-6PM**  
**&**  
**SUNDAY**  
**NOVEMBER 29<sup>TH</sup>**  
**11AM-5PM**

### Holiday Kick-Off Party Offers Three Ways To Shop

Join Lily & Co. Jewelers for a special Holiday Kick-Off Party with three ways to shop. The holiday party runs all day Saturday, November 28 from 10 a.m. to 6 p.m. and Sunday, November 29 from 11 a.m. to 5 p.m.

To celebrate this extraordinary event, famed New York City jewelry designer Charles Krypell will greet clients three different ways. Shop in-store with Charles and Brian Krypell and get a firsthand look at the new romantic Les Fleurs Collection. Schedule an in-store personal appointment with a Lily & Co. associate online at [www.lilyjewelers.com](http://www.lilyjewelers.com) or call 472-2888. Or schedule a virtual shopping experience with a Lily & Co. associate or with Charles and Brian Krypell.

Break away from the maddening crowds on Black Friday and join us for a fun-filled Charles Krypell weekend Holiday Trunk Show. Enjoy your favorite beverage and some holiday cheer.

"This is a unique opportunity to meet a true trailblazer in the field of luxury jewelry design," said Dan Schuyler, co-owner of Lily & Co. with Karen Bell. "Charles Krypell loves to visit Sanibel and share his passion for craftsmanship with collectors and introduce his new romantic collection, Les Fleurs."

Customers can admire and purchase beautiful selections from Krypell's A Love Story Collection. This jewelry line is designed to express passion with finely crafted bracelets, pendants and rings, some discreetly etched with heartfelt messages.

Trained as a sculptor, Charles Krypell realized his calling as a designer while attending the famed Pratt Institute in Brooklyn. The New York City native incorporated his passion for three-dimensional designs to jewelry, learning from master jewelers and creating masterpieces for sophisticated collectors.

Charles Krypell launched his first collection 40 years ago to critical acclaim, immediately cementing his position among the rising stars of the business. A sculptor's eye combined with keen insight on human nature and ample artistic talent made him a sought-after artist.

"Charles Krypell's jewelry transcends time, the ageless design and detailed craftsmanship fitting modern fashions while ensuring lasting memories well into the future," said Schuyler.

Lily & Co. Jewelers is Sanibel's only jewelry gallery, specializing in unique hand-crafted jewelry, fine art from local artists, engraving services, jewelry and watch repair, bead and pearl re-stringing, pewter and hollowware repair, and appraisal services. The store is located at 520 Tarpon Bay Road on Sanibel and is open Monday through Saturday from 10 a.m. to 5 p.m. For more information, visit [www.lilyjewelers.com](http://www.lilyjewelers.com) or call 239-472-2888.✦

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From left, Sanibel & Captiva Islands Chamber of Commerce President and CEO John Lai with DDWS Nature Store Manager Ann-Marie Wildman, DDWS Vice President Sarah Ashton and President Mike Baldwin, and Nature Store Assistant Managers Carrie Harmon and Chris Galloway photo provided

## Ribbon-Cutting Held For New Nature Store

On November 20, the Sanibel & Captiva Islands Chamber of Commerce celebrated the opening of Nature Store2 by member “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS) with a ribbon-cutting at the new location at 2250 Periwinkle Way in Sanibel Square.

The store will serve as a fulfillment center for [www.ShopDingDarling.com](http://www.ShopDingDarling.com), plus support the JN “Ding” Darling National Wildlife Refuge with a new shopping experience while the Visitor & Education Center is closed by government mandate, and also once the center reopens.

Nature Store2, open Tuesday through Saturday from 10 a.m. to 4 p.m., carries much of the same nature-inspired clothing, jewelry and gifts as the original flagship store at the refuge, but with more emphasis on art.

“We will have more space to allow artists to meet the public, and we will have more special events and book signings at the new location,” said Ann-Marie Wildman, store manager. “It will

also be geared toward educating shoppers about the opportunities at the refuge and its important conservation mission.”

The new 1,500-square-foot store features a monitor streaming images of the wildlife, scenery and available activities at the refuge. Staff and volunteers are trained at the refuge and will distribute brochures and other educational materials about the refuge.

Nature Store2, like its flagship store, carries nature-specific items, sustainable gifts and educational merchandise, much of it made in the USA and by local artists and artisans. Popular inventory includes books, children’s games and toys, logo apparel, jewelry and accessories, and green and other home décor items.

“What a great addition Nature Store2 is to our island retail community, and just in time for the holidays,” said John Lai, chamber president and chief executive office. “Watch for news also of its Luminary Week – The Coastal Distance Edition specials December 4 to 11.”

“We deeply appreciate the chamber’s role in our grand opening and its wonderful support throughout the year,” said Wildman. “We invite all members and the general public to shop our unique inventory while supporting one of the island’s finest causes and biggest economic drivers.”✱

## Text Anonymous Tips To Police Department

The Sanibel Police Department now allows members of the public to share important public safety information anonymously by sending a secure text message about crimes or suspicious activity on Sanibel.

The Sanibel Police Department is launching tip411, an Internet-based tool that enables the public to text message an anonymous tip to police and lets officers respond back in real-time to create an anonymous two-way conversation.

To send an anonymous tip via text message to the Sanibel Police Department, text the keyword SANIBEL and your tip to 847411.

Anonymous web tips can also be submitted from the Sanibel Police Department website at: [www.mysanibel.com/Departments/Police-including-Emergency-Management](http://www.mysanibel.com/Departments/Police-including-Emergency-Management).

The tip411 system is 100 percent anonymous as the technology removes all identifying information before it is received by the Sanibel Police Department and there is no way to identify the sender.

If there is an emergency that requires immediate assistance, always dial 911. For more information or questions, call 472-3111.✱



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Turkey Wing cartoon

image courtesy Sanibel Historical Museum and Village

Sanibel Historical Museum And Village

## Looking Back: Turkey Wing

The Sanibel Historical Museum and Village only accepts donations to its collection of antiques and artifacts that are relevant to island history and its pioneer families. But occasionally staff is smitten with vintage artwork like this 1974 print by an island visitor that cleverly ties Thanksgiving with a local shell, the turkey



wing. The artist actually glued a small turkey wing shell to the feisty bird on the chopping block.

The Sanibel Historical Museum and Village is located at 950 Dunlop Road, next to BIG ARTS. Hours are Tuesday through Saturday from 10 a.m. to 4 p.m. Guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge, depending on docent availability. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. Masks are required and safety precautions are in place. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.✪

## Churches/Temples

### BAT YAM-TEMPLE OF THE ISLANDS

Shabbat services at 7:30 p.m. every Friday and Shabbat classes at 9:30 a.m. Saturday mornings on Zoom (email [batyamsanibel@gmail.com](mailto:batyamsanibel@gmail.com) to request the Zoom links). Food and paper drive donation drop-offs on the first Thursday of each month from 11 a.m. to 1 p.m. at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way. Rabbi Stephen Fuchs, Cantor Murray Simon, President Michael Hochschild, [www.batyam.org](http://www.batyam.org), 2050 Periwinkle Way, 732-780-2016.

### CAPTIVA CHAPEL BY THE SEA

Rev. Larry Marshall. Services every Sunday at 11 a.m. November 8, 2020 through April 25, 2021. 11580 Chapin Lane, Captiva, 472-1646.

### CHAVURAT SHALOM

(Fellowship of Peace) Friday Shabbat services led by members at 6 p.m. Saturday morning Jewish current events at 11 a.m. Talks by members on topics of interest Thursdays at 11 a.m. Contact [ChavuratShalom@gmail.com](mailto:ChavuratShalom@gmail.com) to participate on Zoom.

### FIRST CHURCH OF CHRIST, SCIENTIST

The Christian Science Church of Sanibel-Captiva has suspended all services and events until further notice. The church Reading Room will also be closed. 2950 West Gulf Drive, 472-8684.

### SANIBEL COMMUNITY CHURCH

Contemporary Service at 9 a.m. and Traditional Service at 11 a.m. in the Main Sanctuary. Now offering a "Masks Only"

service via live stream at 9 and 11 a.m. in Fellowship Hall. View the Sunday Service online at [sanibelchurch.com](http://sanibelchurch.com), 1740 Periwinkle Way, 472-2684.

### SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST

The Reverend Dr. John H. Danner, Sr. Pastor. The Rev. Deborah Kunkel, Associate Pastor. Livestream service at 11 a.m., [www.sanibelucc.org](http://www.sanibelucc.org), 2050 Periwinkle Way, 472-0497.

### ST. ISABEL CATHOLIC CHURCH

Father Ed Martin, Administrator, Saturday Vigil Mass at 5 p.m., Sunday Mass at 8:30 and 10:30 a.m., Sunday, 9:30 a.m. through November. Daily Mass Wednesday, Thursday and Friday at 8:30 a.m. Holy Days. 3559 Sanibel-Captiva Road, 472-2763.

### ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Bill Van Oss, Rector. Sunday 10:30 a.m. service can be seen at [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), Facebook or YouTube. Other services, meetings and events are suspended until further notice, [www.saintmichaels-sanibel.org](http://www.saintmichaels-sanibel.org), 2304 Periwinkle Way, 472-2173.

### UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at Sanibel Congregational United Church of Christ. A potluck is held at a member's home on the third Sunday of each month. [ryi39@aol.com](mailto:ryi39@aol.com), 2050 Periwinkle Way, 433-4901.

Email changes to [press@islandsunnews.com](mailto:press@islandsunnews.com) or call 395-1213.✪



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## OBITUARY



## NICHOLAS "NICK" MASCI

Nick Masci, accomplished film editor, passed away peacefully on October 27, 2020 at Hope Hospice in Fort Myers, Florida with his loving family by his side. He was 89.

Nick was a snowbird. Since 1995, he wintered on Sanibel Island, Florida and summered in Morris, Connecticut at his beloved "Camp." He was born in Cliffside Park, New Jersey to Nicholas and Caroline. He is survived by his wife and companion of 37 years, Alice Miller, five children; Frank Masci of

Hawthorne, New Jersey; Joe Masci and his wife Mary Beth of Hopkinton, New Hampshire; Nick Masci and wife Liz of Manchester, New Hampshire; Carrie Masci of Marco Island, Florida; and Christopher Masci and husband Ettore of Plymouth, Massachusetts. Nick also leaves behind a brother, Ron Masci, beloved grandchildren, nieces, nephews and cousins.

Nick served in the Navy during the Korean War as a sonarman. His finest moment was detecting a mine that saved his destroyer's shipmates. His example to serve the country in the armed services was continued by children and grandchildren. After the war, he used the GI Bill to receive a degree in English and film study from Columbia University.

Nick spent the majority of his career at WCBS-TV in New York City. His editing skills earned him an Emmy Award for the documentary *Asian Exodus*, and he was consistently recognized by his peers. His work also included feature films, one of which, *Before the Mountain was Moved*, was nominated for an Academy Award.

Nick raised his family in Wyckoff, New Jersey with his first wife Essie. Nick shared a love of sports and hobbies with his children. As a family man, he is best remembered for coaching soccer, playing tennis, throwing horseshoes, surf-casting and lake fishing, cooking burgers, tinkering with cars, countless hours of family photo shoots, and bicycling. Dinners with their five kids often ended with lessons on etiquette but more often with a round of joke telling. He enjoyed sharing his wonderful sense of humor.

Nick's family is grateful for the compassionate care provided by Hope Hospice. They would be thankful for donations to Hope Healthcare, made to: <https://donate.hopehcs.org/>.

Nick Masci was an award-winning film editor. His body of work ran the gamut from feature films to outstanding family wedding videos. His honors include:

*Before the Mountain was Moved*, which received an Academy Award nomination in 1969 for Best Documentary Feature, a pioneering film about the destruction wrought by West Virginia strip-mining.

*Forgotten River*, a San Francisco International Film Festival prize-winning documentary about Hudson River pollution.

*A Look the Other Way*, an Ohio State University award-winning film that illustrates a poem by fellow New Jersey native Peter Kane Dufault.

*Asian Exodus*, an Emmy Award-winner for Outstanding Individual Craft in 1979. This WCBS-TV (New York City) series documented the plight of Vietnamese Boat People.

Supervising Film Editor on *Paper Lion*, the 1968 feature film about George Plimpton's stint with the Detroit Lions. He received associate producer credit because the Hollywood film editors would not let him into the union.

Co-produced *Kittens at Play* with his wife Alice. His children lament (jokingly) that he was too early to capitalize on the YouTube cat craze with *Kittens at Play*.

After retiring to Sanibel, Nick and his wife, Alice, co-produced, *Parrots of*

*Periwinkle Park*, parts I and II.

He also produced his son Nick's wedding, his step-nephew's reception *The Hunt for Guy Miller*, a vacation to the Canadian Rockies, and his own wedding to Alice in 2001.

He created 8mm movies in the 1970s with his children starring alongside other neighborhood kids. The most memorable being *Rusty Gulch* – a good guys, bad guys shoot-em-up that starred his son Joe as sheriff.

Last but certainly not least, he produced many 10-year Birthday Gong Shows featuring "Boris and Sonya," characters played by Nick and Alice.

You can buy a copy of *Before the Mountain was Moved* on Amazon, but hurry, there's only one left for \$902!✪

## Top 10 Books On The Island

1. *A Promised Land* by Barack Obama
  2. *Once and Future Witches* by Alix Harrow
  3. *Anxious People* by Fredrick Backman
  4. *Sweet Sorrow* by David Nicholls
  5. *The Guest Book* by Sarah Blake
  6. *One by One* by Ruth Ware
  7. *Tinder Fella* by Jennifer Schiff
  8. *The Guest List* by Lisa Foley
  9. *How I Built This* by Guy Roz
  10. *A Time for Mercy* by John Grisham
- Courtesy MacIntosh Books and Paper.✪

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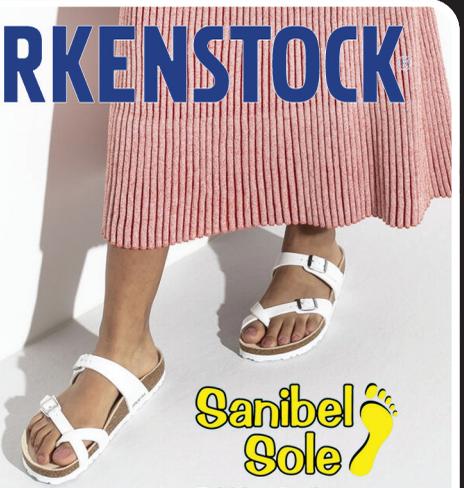
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# Homeless Veterans In Need Of Shoes, Socks

submitted by Dan Perkins, founder, Songs and Stories for Soldiers

**S**ongs and Stories for Soldiers is holding its 4th annual shoes and socks drive for homeless veterans this holiday season.

The COVID-19 pandemic has created a spike in the unemployment rate for veterans. While the civilian unemployment

rate is below eight percent, the veteran unemployment rate is over 12 percent.

Some homeless experts are concerned that all the progress we have made in helping homeless veterans find work over the last 10 years could be wiped out because of COVID-19. We know that a lot of people in the United States are hurting because they have lost a job and their unemployment has run out.

We can help give veterans an opportunity to apply for work by offering them new shoes from you, the community. We will be collecting new shoes and socks for homeless veterans from Saturday, November 28 through

Sunday, December 20. Containers for your donation of men's work, dress and sneakers, and women's sneakers will be located at:

Baily's General Store, corner of Periwinkle Way and Tarpon Bay Road; Chase Bank, 2441 Palm Ridge Road and 2477 Periwinkle Way; St. Isabel Catholic Church, 3559 Sanibel-Captiva Road; St. Columbkille Catholic Church, 12171 Iona Road, Fort Myers.

For those of you who are unable to shop for shoes and socks, you can go to an online store like Amazon and order shoes and socks and have them sent to:

Songs and Stories for Soldiers, 1224 Kittiwake Cir., Sanibel, FL 33957.

As we celebrate Thanksgiving and Christmas this year, let us be thankful for what we have and open our hearts to share our gifts with those in need.

Songs and Stories for Soldiers is a 501(c)3 nonprofit organization dedicated to providing free, customizable electronic entertainment for members of the American military active and retired. Our goal is to help veterans suffering from PTSD, sleep deprivation, and to help with suicide prevention and Hospice care. For more information, visit [www.SongsandStoriesforSoldiers.us](http://www.SongsandStoriesforSoldiers.us).\*



**Dan Steggman shares memories of fishing area waters** photos by Kathy Kurtz Ferraro



**Dave Godfrey fries up mullet fillets for the crowd**



**Jimmy Jensen, left, and John Jensen display historical fishing equipment during Captiva Island Historical Society's recent event** photo by Tom Libonate

From page 1

## Big Fish Stories

a break, fire up the grill and cook fish just like this. We'd eat and then go back to work," Godfrey remembered.

Others who took time to have their stories recorded included Rich Stegmann, Dan Stegmann, Joe Szaky, Jim Willis, John Jensen, as well as this reporter who grew up fishing with her father throughout Pine Island Sound and San Carlos Bay in the '70s and '80s. Fishing Capt. Jack Scragg and his wife Cindy Scragg shared historic fishing equipment.

Recording fishing stories as the subject of this Share Your Story event was

the idea of CIHS events co-chair Dave Jensen, an avid fisherman himself.

"In my opinion, when one has an interest in a particular subject, such as fishing, whether that interest comes from a place of research or simply for entertainment, you can't beat hearing stories from the past, especially when direct from the person, firsthand," Jensen said in an email from Italy, where he recently moved. "You'll hear about the type of fish, the quantity and size, and how those fish were caught. You may even find you know the name of the person telling the story, and how cool would it be to discover you have fished the same spot yourself!"

"Having these stories, video and audio recorded is the solid gold of history. Future island residents and visitors will be wide-eyed and smiling when they discover these Big Fish Stories the Captiva Island Historical Society has gathered."

Now in its 10th season, the organization plans to host more Share Your Story events, each with a different theme. The effort is similar to oral histories of life on Captiva that were recorded by early islanders in the 1970s. Society members realized it is also important to preserve accounts of more recent days.

"The people who are interviewed in those oral histories talk about life on the

islands in the '20s and the '30s," said CIHS President Tom Libonate. "What we have here are people who are telling stories about the '70s and '80s. And that became apparent, that we have to get to them before we lose them. There are a lot of things that happen when people pass. We're losing people, and they have a story to tell."

Links to listen to those original oral histories are available on the CIHS website, which also includes details of events throughout the season. Upcoming is the dedication of The Island Store on Thursday, December 10 at 3 p.m. Visit [www.captivaislandhistoricalsociety.org](http://www.captivaislandhistoricalsociety.org) for more information.\*

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## OBITUARY



## MARGARET PORTER HOEL

Margaret "Peggy" Porter Hoel, 85, mother, grandmother, teacher, volunteer and friend, passed away of natural causes on November 15 at her home in Fort Myers, Florida.

Peggy was born on August 26, 1935 to Charles C. and Margaret K. Porter, Jr. in Columbia, Missouri. She was the youngest of four children. Preceded in death are her brothers: Charles C. Porter III, William W. Porter and Thomas C. Porter.

Peggy was preceded in death by her husband, Donald K. Hoel (October 20, 2004). The couple met at the University of Missouri-Columbia while she was attending undergraduate school and he was attending law school. Upon her graduation in 1957, she moved to Kansas City, Missouri where she started her teaching career at Corinth Elementary School in Leawood, Kansas. In 1958, after graduating law school and passing the Missouri Bar, Don moved to Kansas City and commenced his legal practice at Shook, Hardy and Bacon. Don and Peggy were married on June 28, 1959.

The couple had four children: John Porter Hoel of Vienna, Virginia, Christian Thomas Hoel (deceased November 10, 1980), Mary Katherine Hoel (Gaithersburg, Maryland) and Martha

Hoel Garrison, MD (Decatur, Georgia). She had seven grandchildren: Jack, Tyler and Porter (John), Ellen and Grace (Mary), Andrew and Megan (Martha) and two sons-in-law: David Garrison (Martha) and Dale Tuttle (Mary).

While raising a family in Kansas City was a full-time endeavor, Peggy continued her education career as a kindergarten teacher at the Barstow School (1974-1982) and later as a private tutor of children with learning disabilities. She was active in the John Knox Presbyterian Church, serving as member of the trustees. She was also a member of the Kansas City Young Matrons, the Delta Gama Sorority and University of Missouri Alumni Associations.

Sanibel Island, Florida always held a special place in her heart, initially discovering its peace and beauty in 1976. Every year over the Christmas holiday, the family would vacation on Sanibel. In 1993, Don and Peggy moved permanently to Sanibel where she immediately immersed herself in volunteer activities at Sanibel Congregational United Church of Christ, where she served on the board of deacons, Bailey-Matthews National Shell Museum and Bright Horizons. She developed a passion for growing orchids and learning about Sanibel's natural habitat. She was an avid supporter of BIG ARTS on Sanibel and the Florida Repertory Theatre of Fort Myers.

In 2012, Peggy moved to Shell Point Retirement Community in Fort Myers. Her social activities and volunteering increased exponentially. She attended multiple academic classes offered at Shell Point, volunteered at the thrift shop, served as a greeter at the Pavilion healthcare facility and treasured her time as a member of the Shell Point Singers. Her days were active and full.

A private burial was held at Mt. Moriah Cemetery in Kansas City. Due to the current pandemic, a memorial service will be scheduled in the future.

In lieu of flowers, the family respectfully asks that donations be considered for Sanibel Congregational United Church of Christ, 2050 Periwinkle Way, Sanibel, FL 33957 or GLAD Kids Early Learning Center, 10320 Gladiolus Dr., Fort Myers, FL 33908. To sign the virtual guestbook, go to <https://www.dignitymemorial.com/obituaries/kansas-city-mo/margaret-hoel-9907090>.✱

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# Bat Yam Temple Hosts Rugby Champion

submitted by Gil Peters

Former professional rugby player and coach Stuart Krohn spoke on Zoom to Bat Yam Temple of the Islands members and others including Gwynetta Gittens of the Lee County School Board. He spoke about how his sport has helped inner city kids gain opportunities to further their development and obtain scholarships to some of the nation's best colleges.

Bat Yam Temple President Michael Hochschild, a longtime friend of Krohn who recruited him to play on the 1997 Maccabi USA rugby team that won the Maccabiah Games title in Israel that year, invited him to share his story.

Krohn, 58, the first Jewish All-America rugby player while at University of California Santa Barbara in the 1980s and a decorated professional for 13 years who played around the world, is the guiding force behind the Los Angeles-based Inner City Educational Foundation (ICEF) Student Leadership Academy.

When he returned to the U.S. in 1999 after eight championship seasons in Hong Kong, he developed the ICEF concept in Santa Monica, California as a way to spread the concepts of teamwork and academics in South Central Los Angeles. Over the past two decades, he has taken his teams to 15 countries to

play rugby and interact with different cultures.

One of his former players has been playing professionally overseas and now is in tryouts for the United States Women's 7s team that will compete in the Olympics next summer. He added that four of his students currently teach and coach with him at View Park School in Los Angeles, where he has been for 22 years. Krohn currently is director of rugby and sailing at View Park.

He said that much of his program's success comes from the mentoring model he learned from one of his former coaches. He utilizes his older rugby players to teach and coach the game to younger players. "That's the key," he said. "Get the kids to mentor each other; they learn much better that way than through anything I would tell them."

Even during the pandemic, he maintains regular contact with his players and coaches online. "They do their own workouts and then we get together on Zoom afterwards," Krohn said. He also conducts college counseling groups and other classes over the Internet, featuring "special guests" – former students who have gone on to college and are playing rugby there.

Krohn said he himself was introduced to the game by fellow students four decades ago when he was a 17-year-old freshman at the University of Colorado, Boulder. He had no exposure to the game as a child growing up.

His eyes sparkle when he talks about rugby, a game that combines aspects of other sports that he finds most enjoyable.

"If you like to run and tackle, if you like contact, it's so much fun," he said. "It takes endurance and working as a team. I love all those elements, and you have to be really focused."

Krohn says that he also was selected for the Colorado football team in the spring of his freshman year but adds that he was not as successful academically – he did not get all of his schoolwork assignments done on time. A professor spoke to him about the issue, suggesting he take a year off and "grow up more."

"She was right," he said. He left Boulder and took a construction job in Santa Barbara, California, joining a rugby club there. It was during that next year that he first confronted the responsibility of paying rent and having enough money to buy food and other basic needs. Being around older rugby players also helped him, he said.

The following autumn, he enrolled in University of California, Santa Barbara (UCSB) where he starred on the rugby team.

A year later, he went to France to continue his studies and play his favorite sport. He ultimately signed a contract with Kronenbourg RFC in 1984, becoming the first U.S. professional rugby player. The next year, he again left his studies and played for Stade Toulousain, which won the French National Rugby Championship in 1985.

In 1986, he returned to UCSB and served as player coach of the college rugby team. He gained All-America honors that year and earned his bachelor's degree in 1987.

For the next 11 years, he played in New Zealand, South Africa and Hong Kong, where he was a member of eight consecutive championship teams.

Krohn also has been committed to honoring his own heritage through rugby. In 1993, he was part of the silver medal winning U.S. entry in the Maccabiah Games in Israel and a member of the gold medal winning U.S. team at the 1997 games. Additionally, he coached the American squad to a silver medal in the 2005 Maccabiah.

He also was a member of the Santa Monica Men's Rugby Club that won national championships in 1992 and 1993.

In 1998, he managed to make time to earn a master's degree in creative writing from Dartmouth College as well as coach the university's rugby team.

His accolades are many, including induction into the Southern California Jewish Sports Hall of Fame, the Maccabi USA Rugby Hall of Fame, and the Hong Kong Union's Hall of Fame. He was enshrined in the Santa Monica (California) Rugby Club Hall of Fame in 2011.

He said that he manages to keep his program going year after year "on a shoestring budget." He cites donations from former teammates across the globe and benefactors involved in the Maccabiah Games as well as from other individual supporters and from a variety of grants that he applies for. He added that anyone interested in donating to ICEF can go online at [www.icefps.org](http://www.icefps.org) and follow the prompts.\*

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## Lions Christmas Tree Lot Opens This Saturday



Fresh cut Christmas trees go on sale Saturday photos provided

For safety of all involved, club members request that all customers wear masks. This year, there will also be online ordering. Starting on November 28, trees can be ordered and paid for by going to [www.SanCapLions.org](http://www.SanCapLions.org). A pickup time for the trees can be arranged when the order is placed. Lions volunteers will place the tree on your car or truck.

The islands' Lions Club began selling fresh trees more than 40 years ago. It has since grown to become one of the club's largest fundraising events. Sanibel Captiva Lions Club President Steve Schulz said, "The entire club pitches in, from set up to selling, which ensures 100 percent of our earnings goes directly to the charitable work of the Lions Club." The Lions welcome anyone who would



Lions Club members will be on hand to help you select the perfect tree

like to help with this fundraiser. If you'd like to volunteer, call 863-272-7713.

The Lions thank Richard Johnson and Bailey's for providing space for the sale and continued support of the club. A special thanks to the Sanibel-Captiva

Conservation Foundation (SCCF) Hammerheads for assisting with the site setup. Thanks also goes out to the Sanibel Fire and Rescue District members who help with unloading the trees.

Sanibel Captiva Lions meet the first and third Wednesday of the month with a guest speaker once a month at The Community House. Meetings begin with cocktails and appetizers at 6 p.m. and dinner at 7 p.m. Visiting Lions and anyone interested in becoming a Lion are always welcome. For more information, visit [www.sanibelcaptivalions.org](http://www.sanibelcaptivalions.org) or stop by the tree lot to learn more about what Lions do for the community.

For more information, contact Rick Wagner at 484-226-5793 or [rwagner3205@gmail.com](mailto:rwagner3205@gmail.com).\*

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Native beggarticks, one of the most common wildflowers in Florida, blooms all year and attracts various butterflies and other pollinators photos by Gerri Reaves

**Plant Smart**  
**Beggarticks**

by Gerri Reaves

**B**eggarticks (*Bidens alba*) is one of the most common and recognizable native wildflowers. It's extremely wildlife friendly and low-maintenance, to boot.

This member of the aster family flourishes throughout the state in just about any habitat and under almost any conditions.

Other common names are romerillo

and monkey's lice, as well as Spanish needles, although the latter actually refers to *Bidens bipinnata*, also native to the state.

This widespread and irrepressible cheerful little daisy introduces the dilemma: what is an undesirable weed and what is a desirable wildflower?

One thing you have to admit about this species, even if you want to banish it from your yard: Wherever it volunteers, there will be pollinators. Wherever it grows, by default, won't be a sterile zone, the fate of so many South Florida lawns are.

Beggarticks is the larval food plant for the dainty sulphur butterfly and a nectar plant for numerous butterfly species.

In fact, it is the third most common source of nectar for honey production in the state.

Furthermore, pollination scientists deem this species of special value to native bees.

It spreads via the achenes, or dry hard fruit -- the clinging "beggarticks" that inspire the common name.

One plant can produce an astounding three to six thousand seeds, each about a centimeter long.

They spread mainly by attaching themselves with barbed spines to clothing and animal fur, but also travel by wind and water.

The opposite leaves are stalked and can be simple or compound with up to seven leaflets and pointed tips.

Lance-like or egg-shaped, they measure one to four inches long and have finely serrated edges.

The plant can grow up to three feet tall or more, with angled stems and erect flowerheads about an inch across.

The clinging seeds of about a centimeter long have two barbs that resemble antennae

The five to eight white ray flowers are toothed, or notched, and bloom all year.

Sometimes it lacks ray flowers and has only the yellow-orange tubular disk florets.

The young leaves and flowers are reportedly edible, and it is used medicinally in various ways.

If you want to balance the benefits and disadvantages of welcoming this so-called weed to your yard, consider limiting it to one area and deadheading it before the seeds spread.

Sources: *Everglades Wildflowers* by Roger L. Hammer; *The Guide to Florida Wildflowers* by Walter Kingsley Taylor; *Illustrated Plants of Florida and the Coastal Plain* by Dr. David W. Hall and Edward H. Stehman; *National Audubon Society Field Guide to Florida* by Peter Alden et al.; *Weeds of South Florida* by George Rogers, Ph.D.; *Wild Plants for Survival in South Florida* by Julia F. Morton; [www.flawildflowers.org](http://www.flawildflowers.org); and [www.wildflower.org](http://www.wildflower.org).

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# Sanibel-Captiva Lions

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# Community House Events

There will be an arts and crafts show in conjunction with Boulderbrook Productions on Saturday, November 28 from 9 a.m. to 2 p.m. Local artists and crafters will have their works for sale. Cost is a \$5 suggested donation at the door. Masks must be worn.

Suzette Heeres will teach an oil painting class on Monday, November 30 at 9:30 a.m. Learn how to paint a shore bird. Cost is \$60 for members and \$65 for guests.

Shell Crafters are open for shopping and looking every Monday from 10 a.m. to noon. No classes are being offered at this time.

Every Tuesday from 9 a.m. to noon, the Sanibel Bridge Club plays cards. Bringing a partner is suggested, but not required. This is not sanctioned or duplicate. All are welcome, \$5 suggested donation.

Line Dancing with Maria Di Rosa is offered on Tuesdays at 1 p.m. Cost is \$5 per class.

Painting with Friends is held on Wednesdays from 1 to 4 p.m. Bring your own supplies to paint with fellow artists; no instruction. Cost is \$10 per session.

Every Thursday at 1 p.m., Tommy Williams leads Living Life Current, an open forum discussion. All are welcome to discuss what is going on locally, nationally and globally. Suggested donation is \$5. Masks and social distancing required.

Aerobics with Mahnaz Bassiri is offered on Monday, Wednesday and Friday from 10:30 to 11:30 a.m. Participants can



**The Community House** photo by Logan Hart bring their own weights, \$5 suggested donation.

Play the card game Hearts on Fridays at 1 p.m. Open to all levels, \$5 suggested donation.

Gourmet soups, stews and meals to go are now available to order. Pick up dates are November 16 to 25 and December 14 to 23 from 9 a.m. to 3 p.m. Soups and stews include Kale and White Bean Soup, Manhattan Clam Chowder, Beer Cheese Soup, Beef Bourguignon, and Crustless Chicken Pot Pie. Meals to go include Coq Au Vin and Scalloped Potatoes, Chicken Marsala and Polenta Cake, Beef Short Ribs and Scalloped Potatoes; all include vegetables. This is a fundraiser to benefit Sanibel Community Association (SCA) operations. Order online at [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155. Curbside delivery is available.

Shell Critter Kits are available for purchase or to ship. Choose four out of 13 critters to assemble. Cost is \$20 per kit, shipping is \$8 additional.

Camp to Go Art Kits are also available for purchase or to ship. There are eight different postcards to color and Zentangle.

Marker and educational video link included. Cost is \$20 per kit; shipping is \$8 additional.

The Community House is

located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.\*

# Historical Museum To Take Part In Luminary Week

The Sanibel Historical Museum & Village will be taking part in this year's reimagined Luminary Week December 4 through 11. To celebrate, the village will be offering a 10 percent discount on all books. With dozens of books to choose from, most of which are related to the history of Sanibel, there is bound to be something for everyone. And books make great holiday gifts as well.

The village will be decorated for the holidays and waiting for both return guests and newcomers to experience the peace and joy that was Sanibel from the 1880s through approximately the 1940s. A host of volunteers decorate the village's nine authentically restored historical buildings each year.

"The village has a wonderful, old world atmosphere every day of the year, but it's especially felt at holiday time," said Emilie Alfino, executive director. "We hope many people will come experience it for themselves, not just during Luminary Week but the whole holiday season long."

The Sanibel Historical Museum and Village is a nonprofit organization formed with the mission to preserve, share and celebrate Sanibel's history. The village is open Tuesday through Saturday from 10



**Nancy Siegel and Emilie Alfino decorating the tree in Shore Haven** photo provided

a.m. to 4 p.m. Masks and social distancing are required. Due to COVID-19, guided tours are available by reservation only in groups of no less than six and no more than 10.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults (18 and over); no charge for members and children. For more information, visit [www.sanibelmuseum.org](http://www.sanibelmuseum.org) or call 472-4648.\*



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# First Day Back At It



by Capt. Matt Mitchell

After a few weather-related days off, you are never quiet sure exactly what you will return to. A five to 10 degree drop in water temperature can completely

rearrange what was so good just a few days prior. My day starts at 5 a.m. as I open the shrimp tank and take a hundred shrimp just in case. I head out to the canal to be greeted with a brisk northeast wind and temperatures in the low 60s. This noticeable change brought the realization the season has changed.

While chumming for 20 minutes at a favorite bait spot in the dark, I was not hearing any shiners or bait fish flipping. As it gradually began to get light, that first throw of the cast net had flashes of at least a few shiners in it. It's always a big relief knowing that the bait had not moved out of the bay with the passing of our strong cold front. Bait, as expected, does prove a little tougher on pre-front days, and it requires a half dozen throws before I'm comfortable that I have enough for my morning trip.

I take off the rain gear after washing the grass off the boat. I idle out from the shallow grass flat, re-rig a few rods and make sure to shorten up and re-tie

any chaffed leaders. By 7 a.m., it's go time as I pull some floating grass out of my livewell, hop the boat up on plane and head back to the south to pick up my clients for the day. During this ride, I'm looking at the tide phase and deciding on the first fishing spot.

Starting off in a mangrove channel close to home after chumming a few different spots down the shoreline, it's looking like the first stop was the wrong move. So I push further down the bank to the deep dead-end corner, and the first scoop of live shiners I chum gets a instant reaction. This puts a smile on my face as we begin to catch small snook. A few more casts, and my client catches a few decent redfish. The sun is slowly warming the waters, which brings the fish to life. After 20 minutes of good action, this bite slowly grinds to a halt and it's time to move on.

While crossing the sound, the conditions picked up and it was a little sloppy. I headed to the pass hoping that during the last few hours of falling tide, the fish would fire up. With very few boats out, I power-poled down in the fast-moving current and set up to fish a favorite rocky edge. One scoop of shiners was a sure sign that this was the right call. Hungry snook chased shiners up to the surface, making loud pops as they ate freely. For the next hour, we sat and caught snook after snook on almost ever cast.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).*



Ryan had a nonstop trip, catching snook and redfish with Capt. Matt Mitchell this week photo provided

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CROW Case Of The Week:

# Virginia Opossum

by Bob Petcher



While there are several dozen different species of opossums in North America, the Virginia opossum (*Didelphis virginiana*) is the most notable. It is the only marsupial

(pouched mammal) found north of Mexico and the only member of the genus that stores body fat.

Virginia opossums have long heads and pointed snouts, rounded furless ears, and a scaly, nearly hairless, prehensile tail – the ability to grasp or hold objects – that is about half of their total body length.

Sporting 50 teeth, opossums eat almost anything, from insects to road kill, with interest in fruit, eggs, birds, reptiles, amphibians, and small mammals also in play. They also prey on snakes, including poisonous ones, and are known to be immune to snake venom.

If cornered and unable to escape, a Virginia opossum may subject itself to becoming catatonic as a defensive measure. This allows the mammal to appear to be unconscious or dead – though most of its body functions remain normal – thus symbolizing the phrase “playing ‘possum.”



**Patient #20-5141 clutches its food bowl, but will need to feed more before being considered for release**  
photo by Becca Wehmeier

At CROW, a juvenile Virginia opossum was admitted after it was found covered in oil and lethargic. Upon initial examination, the patient was noted to be severely dehydrated and covered with oil and dirt. The opossum was given a bath using Dawn dish soap to remove the oil, then blow dried to dry its fur.

“We don’t know how she became covered in oil. It is possible it’s from a car. We have no other information about her other than she was found in Fort Myers covered in oil and seemingly lethargic,” said Dr. Sasha Troiano, CROW veterinary intern. “Dawn dish soap is very effective

at cleaning oil off of animals. It is the detergent of choice for removing oil.”

The patient is being monitored closely and is receiving supportive care that includes antibiotics and food.

“The patient is being fed a variety of food, as opossums are omnivores. Currently, she seems to like soft cat or dog food, and she is also being offered a variety of fruits and vegetables and small fish pieces,” said Dr. Troiano. “She is being treated with antibiotics and GI (gastrointestinal) protectants.”

Apparently, the opossum was admitted with no major injuries but is on

a deworming medication.

“The patient is very skinny, and had a lot of gastrointestinal parasites based on a fecal examination,” said Dr. Troiano. “She is being dewormed, and supported with subcutaneous fluids as needed, antibiotics and nutrition. She is eating some on her own, but does not have the best appetite at this time. She will continue to receive supportive care.”

The deworming process is a regular medical procedure with this type of animal.

“We generally see opossums come in with a high parasite burden, especially if they are debilitated,” said Dr. Troiano. “The parasites are almost never the reason they are in the hospital, but they can become a problem in animals that are sick for other reasons, which is why we treat these parasites.”

The young Virginia opossum has been at the clinic for just over a week, but will need more time to fatten up, according to Dr. Troiano.

“The patient is continuing to receive supportive care, and the oil has been cleaned off of her fur,” she said. “She is still skinny, so she will need to be with us until she is in a better body condition prior to considering release.”

CROW (*Clinic for the Rehabilitation of Wildlife, Inc.*) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).✪

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400 Rabbits Mexican Kitchen and Tequilaria proprietors, from left, Don and Clela Yamauchi, and Debra and Jeramie Campana photo by Kathy Kurtz Ferrari

## New Restaurant Will Have Diners Hopping For More

by Kathy Kurtz Ferrari

If a new restaurant's success can be predicted by the energy and excitement of those behind it, 400 Rabbits Mexican Kitchen and Tequilaria should be a winner.

Proprietors Debra and Jeramie Campana already made a name for themselves on the local foodie scene with

their café and catering business Paper Fig Kitchen. Jeramie's creativity as a chef finds him using the freshest ingredients in mouth-watering ways.

While their original venture continues to operate with the help of a great staff, the Capanas aspired for something more.

To fulfill a dream, they recently teamed up with their longtime culinary friends, acclaimed chef Don Yamauchi and his business-savvy wife Clela Yamauchi, to open 400 Rabbits Mexican Kitchen and Tequilaria at 975 Rabbit Road on Sanibel in mid-December.

"We had kind of always talked about



Some of the signature cocktails awaiting diners at 400 Rabbits

photo provided

doing a restaurant together at some point," Jeramie Campana said, sitting among some of the last evidence of construction for the new restaurant. The two chefs had worked together about two decades ago in the Midwest and always kept in touch.

Chef Yamauchi's resume is impressive, having worked at some of the most lauded restaurants in the country. He honed his palate on the recipes of his Filipino and Japanese American heritage, which led him to a career filled with accolades and rave reviews. He was named one of the Top 10 New Chefs in America by *Food & Wine* magazine, and earned a Top Five

Rising Chefs in America award from the James Beard Foundation.

When the former location of two of the islands' iconic restaurants – The Timbers and Doc Ford's Rum Bar and Grille – became available, the culinary team jumped at the chance.

The new space – which is actually two different buildings – has been totally renovated, with seating for 242 guests. It will be hard pressed for anyone to recognize it from the previous occupants.

A larger section features high ceilings and interesting architectural design. There's a roomy bar, and even an interactive

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guacamole station where diners can watch the yummy concoction being made.

Another fun part of the plan includes a tequilaria bar in the smaller section, which the team affectionately calls “the bungalow.” It will have the same menu as the larger area, but the vision is for it to be a late night hangout. It has a cozy feel and includes an attractive tile-laden bar, its own kitchen, indoor and outdoor seating for 32, and a garage-style door to offer fresh air flow for a healthier dining environment.

Customers will find traditional Mexican fare on the menu, but with a special flair from the imaginations of two creative chefs.

“The trend really now for tacos and Mexican food is sort of fusion, whether it be Asian-fusion or other influence like Korean bulgogo tacos,” said Don Yamauchi. “So we’ll do offshoots of that here and there, but we’re going to try to stick to fairly traditional tacos with influence of other things, dependent on customers’ likes and dislikes.”

Recipes find their origins from different regions of Mexico.

“Doing all those different flavors, we’re all going to be 900 pounds,” Debra Campana joked. “I think there will be something for everybody.”

Some festive margaritas and other cocktails will also be made, with a variety of spirits mixed with fresh juices and ingredients.

“When you say fresh ingredients, I think that’s a given in food, but I don’t really think it’s a given at the bar,” said Yamauchi, noting the importance of



From left, Don and Clea Yamauchi, and Debra and Jeramie Campana look over construction at their new restaurant

photo by Kathy Kurtz Ferrari

finding great bartenders to share their influences. “I think the drinks at our bar will really set us apart... I think they will be second to none. Not only will they look great, they will be really refreshing. It’s not like a shot. They’re very elegant, very adult and I think that’s really going to play well.”

“Although if somebody wants a shot, we’ll have it,” Clea Yamauchi said with a laugh.

Clearly it isn’t an easy time for restaurateurs to open a new place during a pandemic. The team considered delaying the plan but also felt it was a good time to launch.

“I think we’re entering a time when people really want to go out. As long as we follow precautionary measures, I think we’re going to be OK,” chef Yamauchi explained.

“But we started this project so long ago and we’re so excited to be here, I think it would be hard for us emotionally to not open right away. We’re so excited, for us it’s a must.”

The name 400 Rabbits really has nothing to do with its location on Rabbit Road. It is based on an Aztec tale about 400 thirsty rabbits who were the children of Mayahuel, the goddess of agave and fertility. According to the Aztecs,

the number 400 represented infinity, so it came to be said that one who is intoxicated is “400 rabbits.”

The restaurant is still hiring for all staff positions and shifts. The proprietors plan to have a soft opening in mid-December, followed by a grand opening a bit later.

But with just a few weeks to go, the energy of the team is palpable.

“This is highly anticipated and we’re really excited about that,” said Debra Campana through a wide grin.

Clea Yamauchi agreed. “The four of us are just so passionate about this particular project, it’s almost frightening.” ✨



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Shell Of The Week  
**True Tulip**



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Interim Director and Curator

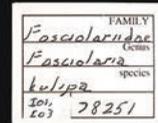
**F**asciolaria tulipa (Linnaeus, 1758) is one of the most celebrated local marine snails.

Sometimes reaching in excess of 23 cm (about 9 inches), this voracious predator is known to feed on other mollusks and small invertebrates. The shell name alludes to its general shape, resembling a tulip (the flower.) The shell color is very variable, with variations around a theme of fine spiral bands and large irregular spots of orange, brown, reddish-orange, ochre and similar colors. The animal itself is reddish or darker-red, with delicate lighter-color markings. The operculum is brown and oval-shaped. Read more about mollusks and their shells at [www.shellmuseum.org/shell-guide](http://www.shellmuseum.org/shell-guide) and [www.shellmuseum.org/blog](http://www.shellmuseum.org/blog).

The Bailey-Matthews National Shell is open from 10 a.m. to 5 p.m. daily. Holiday hours are noon to 4 p.m. Safety measures have been put in place, and staff and visitors are required to wear face masks.



BMSM 65752  
*Fasciolaria tulipa*  
 Terra Ceia Bay, Florida, USA



The True Tulip, *Fasciolaria tulipa*, from Terra Ceia Bay, Florida photo by Patricia A. Starkey

Your gift helps ensure that our staff and animals remain healthy. To make a secure donation, visit [www.shellmuseum.org](http://www.shellmuseum.org).

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. For more information, call 395-2233.✪

American Legion Post 123

American Legion Post 123 is serving barbecued ribs and chicken this Sunday, November 29 from noon to 8 p.m.



On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesdays. Steak sandwiches are served on Fridays. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

The third Thursday of the month is Open Mic Night from 6 to 9 p.m.

The 8-Ball Pool League plays at 5 p.m. on Monday nights. All are welcome to come out and watch the action.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion member eligibility dates are November 11, 1918 through present. All veterans are welcome. Contact Tim or Randy at 472-9979.

Post 123 is a non-smoking facility with an outside area available for smokers. It is located at mile marker 3 on Sanibel-Captiva Road, open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. For more information, call 472-9979.✪

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Visitors will be able to see CROW's live animal ambassadors while abiding by CDC distancing requirements photo provided

## 'Ding' Darling Day December 1

This year's "Ding" Darling Day will be held on Tuesday, December 1 in concert with the 75th Anniversary Celebration at the JN "Ding" Darling National Wildlife Refuge. The refuge has scaled back activities, in keeping with CDC protocols, to present a relaxed and engaging day outdoors interacting with nature.

Wildlife Drive will be open free of charge from 7 a.m. to 5:30 p.m. to all visitors. Environmental exhibitors and plein air artists will be spread along the "Ding" Darling Visitor & Education Center parking lot, Indigo Trail and Wildlife Drive that day.

A Ding-O Bingo Scavenger Hunt will allow attendees to self-tour the exhibits in an engaging but distanced manner and win a prize for completion. Scavenger hunt forms are available online at [www.dingdarlingdays.com](http://www.dingdarlingdays.com) and that day at the information table.

Other free activities include a four-mile, ranger-guided Go the Distance bike tour at 9:30 a.m. and a 1 p.m. 75th

Anniversary Presentation with Acting Refuge Manager Kevin Godsea and dignitaries, outdoors in the parking lot area. Rachel Pierce, 2021 "Ding" artist in residence, will be doing nature art demonstrations, and the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) will display the winning photos from its 2020 "Ding" Darling Day Amateur Nature Photography Contest.

Supervisory Refuge Ranger Toni Westland said, "We didn't want to miss an opportunity to celebrate our official 75th anniversary date on December 1 with friends and neighbors as safely as possible. We will be building a time capsule that day. It will go on display thereafter in the Visitor & Education Center."

"Thanks to our faithful sponsors, who have helped turn this into a day of celebration that ends with a ticketed 1940s drive-in theater gala in the evening," said Birgie Miller, executive director of the "Ding" Darling Wildlife Society.

### Scheduled Activities:

7 a.m. – Wildlife Drive opens free of charge

9 a.m. – Information table opens with Ding-O Bingo forms and handouts. Wildlife Drive/Indigo Trail and parking lot stations open for safe self-touring.

9:30 a.m. – Ranger-guided, four-mile Go the Distance Bike Tour for first 10 arrivals, Wildlife Drive (bring your own bikes and helmets, meet at flagpole)

1 p.m. – 75th Anniversary Presentation, parking lot

Ongoing 9 a.m. to 3 p.m.

Exhibitors along Wildlife Drive and Indigo Trail, CROW exhibit in parking lot "Ding" Darling Day Amateur Nature Photography Contest Winners display in parking lot

Art demonstrations by 2021 Resident Artist Rachel Pierce in parking lot

USFWS Law Enforcement Vehicles Exhibit in parking lot

Mobile Nature Store in parking lot

Ding-O Bingo scavenger hunt

Plein-air artists on Wildlife Drive and Indigo Trail.\*

## One Square Foot Art Show And Sale Is Now Open

Tower Gallery's One Square Foot show opened on November 24 and will run through January 2. The show features work from all 25 of Tower Gallery's local artists, who have created art within one square foot to be displayed and sold at the gallery and online. All works in the show are \$150. There is an additional charge for shipping on the website.

As art sells, it will be replaced by the artists so check in often. This is a great opportunity to collect art from your favorite artists. The mediums range from photography, acrylic paintings, watercolor, raku, painting on wood, fiber art and jewelry.

Tower Gallery is located at 751 Tarpon Bay Road on Sanibel. Hours are 10 a.m. to 4 p.m. Tuesday through Sunday. Shop online at [www.towergallery.net](http://www.towergallery.net).\*



Tower Gallery

photo by Lorin Arundel

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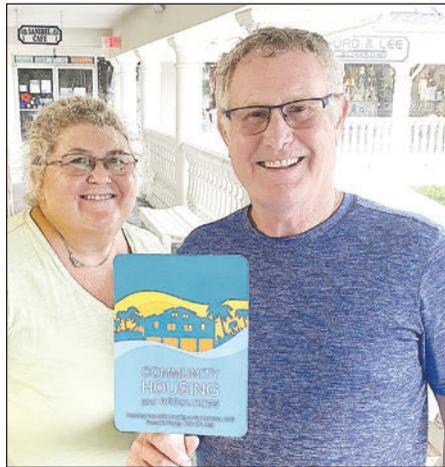
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Paper Fig Kitchen team, from left, Selena Juarez, Dylan Traffon, Karan Balmer, Jeramie and Debra Campana, and Claire Burke photos provided



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From left, Valentina, Roddy and Gaby Bell



From left, Leanna, Pasquale and Juliana Russo

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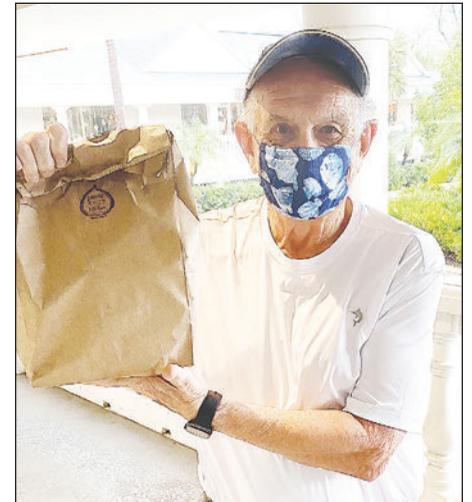
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The Community House

# The Pecan



by Resident Chef Jarred Harris

The pecan tree is a type of hickory that produces a delicious nut every two years. This nut is called a pecan (pih-KAHN or PEE-kan). Pecans are native to the Mississippi valley and have been grown commercially throughout the southeastern United States since the mid-1800s. The name “pecan” is a Native American word that describes nuts requiring a stone to crack.

There are over 1,000 varieties of pecans and many are named after Native American Indian tribes, including Choctaw, Cheyenne, Sioux, Mohawk and the Shawnee.

Eighty percent of the world’s pecan crop comes from the United States, with Georgia and Texas being the largest commercial producers. In fact, the city of Albany, Georgia earned the title of Pecan Capital of the U.S. by having more than 600,000 pecan trees, and pecans are so popular in Texas that the pecan tree was

declared its state tree in 1919. Alabama made the pecan its official state nut in 1982.

Pecans are a heart healthy nut that contains magnesium, iron and vitamin B6. The nuts are also rich in vitamin e, zinc and dietary fiber. Pecans provide nearly 10 percent of the recommended daily allowance for zinc and one ounce of pecans provides 10 percent of the recommended daily fiber intake. Pecans are so healthy; the Apollo astronauts took pecans into space on two missions.

Here is an easy pecan recipe to try:

### Savory Pecan Cookies

#### Ingredients

- 2 cups all-purpose flour
- 1 tsp. black pepper
- 1 tsp. kosher salt
- 2 tbsp. fresh sage leaves (chopped)
- 1 cup pecans (roughly chopped)
- 1 cup grated Parmesan
- ½ cup extra-virgin olive oil
- 2 large eggs (beaten)
- Egg wash
- Coarse sea salt

#### Method

In a mixing bowl, combine flour, pepper, salt, sage, pecans and Parmesan. Stir in oil and eggs and mix well. If dough seems crumbly, add a tablespoon of cold water and mix again.

Turn dough out onto a lightly floured work surface. Knead dough for a minute or two, until smooth. Divide in half and roll each half into a cylinder that is 2 inches in diameter. Wrap tightly with plastic wrap and refrigerate until firm, about 1 hour or overnight.

Heat oven to 350 degrees. With a

thin-bladed knife, slice 1/8-inch-thick rounds from each cylinder.

Use a spatula to transfer cookies to a parchment-lined baking sheet. Paint each cookie lightly with egg wash and sprinkle with sea salt. Bake in batches for 10 to 12 minutes, until lightly browned. Cool on a rack.

Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at [kitchen@sanibelcommunityhouse.net](mailto:kitchen@sanibelcommunityhouse.net) or call 472-2155.✳

From page 1

## New Exhibit

student, Bill Forse. He taught her the art basics and encouraged her to enter local art shows. Soon she was exhibiting in Minnesota, Wisconsin, North Dakota, Iowa and Nebraska. She received additional art instruction in etching and lithography at the Minneapolis College of Art & Design and has taken yearly workshops given by nationally known professional artists.

As for analyzing why she does what she does, Tangren Reynolds explains, “Most instructors say some people are natural painters. They tend not to internalize things but just paint what they see. I guess I am one of those. I see color.” Her goal is to have the viewer feel what she is feeling as she is painting.

Taylor’s watercolors feature scenes of Southwest Florida. “Our islands and long seashore feature beautiful views

that are ideal for painting,” said Taylor. “I have chosen watercolor because of the spontaneity and freshness of the medium. My technique features a gentle blending of colors and transparency. I strive to capture the beautiful colors of Florida in my seascapes and landscapes. I especially enjoy painting on location with outdoor painting groups at Fort Myers Beach and Sanibel.”

Taylor has been painting for more than 30 years. She is from a family of artists and started painting with her mother on painting holidays to Ireland. Later, she studied at the Birmingham Bloomfield Art Association in Birmingham, Michigan.

With a PhD in physical chemistry from Northwestern University, Taylor worked for 31 years at the General Motors Research Laboratory, where she was director for the materials and processes laboratory and also served as chief scientist for General Motors of Canada, Ltd. before retiring. Her early professional work involved the development of the automobile catalytic converter. Now, she resides on Sanibel in the winter and Cape Cod in the summer. Married to a native of Italy, Taylor now paints part of the year in Italy. She has served on the board on the Fort Myers Beach Art Association and was the president of the Sanibel Captiva Art League from 2013 to 2015.

The Community House is located at 2173 Periwinkle Way on Sanibel. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or [www.sancapart.org](http://www.sancapart.org).✳



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## New Visitor Services Intern At 'Ding' Darling

Jessica Barry recently joined the team at JN "Ding" Darling National Wildlife Refuge as a visitor services intern working fulltime with Supervisory Refuge Ranger Toni Westland. A Fort Myers native, Barry has been visiting the refuge since an early age.



Jessica Barry

"I remember visiting the Visitor & Education Center and Wildlife Drive as a child and falling in love with Sanibel's natural beauty every time," she said.

Barry graduated from Florida State University in Tallahassee in December 2018 with a major in psychology and a minor in children's developmental disabilities. She worked for four years as a teacher at FSU's Childcare Center and more recently as an academic and physical coach for children with

disabilities, primarily those on the autism spectrum, at Brain Balance Achievement Center in Naples.

"So far, my favorite thing about the refuge is the staff," Barry said. "Everyone is so high-energy and passionate about the positive impact they're making - quite a motivating atmosphere. I cannot wait to dive into this position."

She is looking forward to helping with "Ding" Darling Day, which takes place at the refuge on Tuesday, December 1 as part of its 75th anniversary celebration.

The "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS) provides living stipends and other benefits for about a dozen interns each year. The refuge supports interns with free housing.

"We welcome our new interns' energy and enthusiasm," said Westland. "We thank our friends group for making their internships possible. With our shrinking staff, due to federal budget cuts, this sort of partnership is crucial to keep the refuge running."

For more information about internship programs, contact Westland at 472-1100 ext. 237. To learn about supporting the refuge intern program, contact Birgie Miller, DDWS executive director, at 472-1100 ext. 4.\*

## Shell Found



From left, Reese, Cathy and Charley McCarthy photo provided

The McCarthy family found an episcopal miter while vacationing at Casa Ybel Resort on Sanibel. Reese and Charley McCarthy from Hopkinton, Massachusetts joined their grandmother, Cathy "Mimi" McCarthy from Larchmont, New York in finding the shell.\*

## Shell Found



Junonia photo provided

The Egert family found a junonia at Cayo Costa State Park on November 19.\*

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4:30-6:00  
7 DAYS

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with all the trimmings

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Open 7 Days 5PM • Fish Market Open 11 AM



**Turkey with Citrus Brine**  
 1 turkey  
 3 oranges, halved  
 1 cup honey  
 2 cups orange juice  
 2 lemons, halved  
 2 limes, halved  
 1-2 gallons warm water  
 4 cups ice  
 1 1/2 cups sea salt  
 Fresh herbs (such as sage, rosemary, and thyme)  
 2 dried bay leaves  
 1 stick unsalted butter, room temperature  
 Butchers twine  
 Sea salt and fresh ground pepper, to taste

**Turkey with Citrus Brine**  
 cooler continually add ice to keep cold. To cook, remove the turkey and dry the skin thoroughly. Discard used brine.

**Brine**  
 In a large container or cooler, prepare brine by combining warm water, orange juice, 1 1/2 cups sea salt, honey, bay leaves and fresh citrus. Whisk until the honey and salt are dissolved and add ice to cool the mixture. Place the turkey in the brine for 12-24 hours. Keep cool by storing in the refrigerator, or if using a

**Turkey**  
 Preheat oven to 350 degrees . Using your hands or a barbecue brush, cover turkey with softened butter. Generously

season the outside and inside of the bird with salt and pepper. Place fresh herbs inside turkey and tie legs together with butcher's twine (this will ensure turkey cooks even). Roast for 2 1/2-3 hours, basting every 30 minutes, or until a digital food thermometer reads 160 degrees.

Remove from oven and allow to rest for at least 20 minutes before carving.  
 "Fresh" tip: Brines are versatile! Experiment by using different combinations of herbs and spices. Brines can be used with poultry and pork products to enhance flavor.\*

photo courtesy Fresh From Florida

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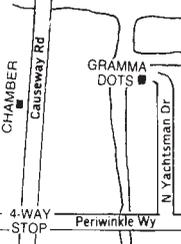
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# Sanibel Library Is Full Of Surprises

Sanibel Public Library is open for normal hours, and continues to offer its popular contactless curbside service, with hundreds of green bags going out to patrons each week. To use the service, place items on hold online at [www.sanlib.org](http://www.sanlib.org) or call the library at 472-2483. You will be notified when your items are ready for pickup. Patrons will have three days (excluding Saturday and Sunday) to pick up items. Hours for curbside pickup are Monday through Friday from noon to 3 p.m.

The library will be closed on Thursday, November 26 for Thanksgiving and will reopen Friday, November 27.

The library's digital archives are now online. Featuring more than 600 items, the collection is a dynamic view of Sanibel's past. From the first homesteaders to important events in the island's recent history, the digital archive collects, preserves and provides access to all items that are valuable to island history. To see the images, newspapers and oral histories, go to the homepage at [www.sanlib.org](http://www.sanlib.org). Seed development for this project supported in part by the Roni Jo Freer Fund of the Sanibel Public Library Foundation.

Local kindergarten through second graders are participating in Bingo for Books. Game sheets were distributed to classrooms at The Sanibel School and are available for pickup at the library. Complete the activities then turn in sheets to win a book to keep.



Email a "Ding" Darling selfie from the photo booth photos provided

An exhibition featuring memorabilia from Jay Norwood "Ding" Darling is on display at the library. The exhibit includes never-before-seen artifacts, historical documents and artwork, commemorating the 75th anniversary of the refuge. Stop by the main entry lobby's selfie screen for a photo. You can email a photo of yourself with "Ding," and various birds of Sanibel overlaid on your selfie.

The Sea Turtle Conservancy has a traveling display on site to educate residents and visitors about sea turtle lighting. The display will be in the nonfiction area until the end of November. Each side of the display explains one of the three golden rules to turtle-friendly lighting and has examples of real sea-turtle-friendly light fixtures. You can also pick up sea turtle information provided by Sanibel-Captiva Conservation Foundation (SCCF).



Part of the Dickey photo collection in the library's archives: Capturing a large manta ray off Captiva, 1910s

Public access computers, copiers, scanners and printers are available. Precautions are in place to help protect staff and patrons from COVID-19. Patrons have to maintain social distance inside the building and wear masks, (except for children under age 6). Library staff is implementing safety and sanitizing

procedures consistent with the CDC and Florida Department of Health guidelines.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483 or visit [www.sanlib.org](http://www.sanlib.org).

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Beachview Estates  
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**BIG ARTS Monday Night Film Series**

# The Painter And The Thief

by Di Saggau



**T**he BIG ARTS Monday Night Movie for

November 30 is *The Painter and the Thief*, an eye-opening film that was a Sundance prize-winning documentary. It's about the unusual emotional bond between a Czech painter, Barbora Kysilkova, and the Norwegian man, Karl-Bertil Nordland, who stole two of her works. When the artist is notified that the paintings are missing, she wonders why. "I am not a known artist that is worth it to break in, break a law and steal. I'm not Picasso," she said.

Kysilkova became fixated on the men who carefully absconded with two of her beloved works. She approaches Nordland during his trial and asks if she could meet with him some time for the purpose of making a portrait of him. This remarkable documentary by Norwegian filmmaker Benjamin Ree plays more like a twisting narrative film than real-life portrait. During their first meeting, Nordland says he stole the paintings "because they were beautiful."

When the artist reveals her portrait to the unsuspecting thief, a myriad of emotions sweep over his face and he breaks down in sobs. The scene is a standout. The emotionally raw and grounded friendship between the

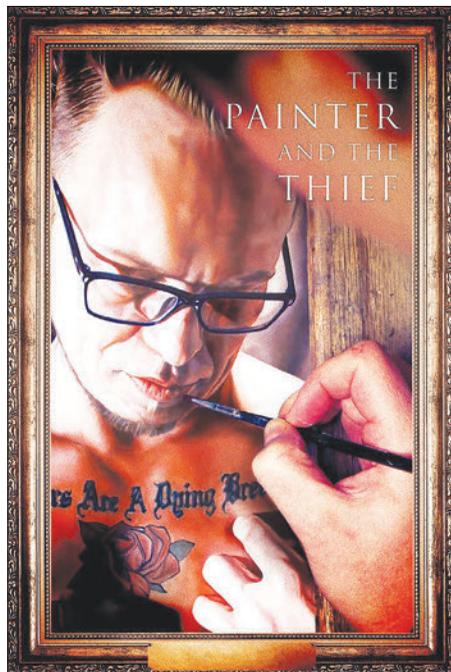


image provided

two is born of a universal desire to be understood. The film runs one hour, 42 minutes. Tickets are \$10 and can be purchased online or at the box office. There will be no discussion following the film.

BIG ARTS is practicing the highest standards of safety during this challenging time. All visitors are required to wear masks and are asked to be mindful of social distancing. BIG ARTS is selling only 50 percent of the seats in Christensen Performance Hall. Until further notice,

only 200 seats will be available for any event in the hall, and a maximum of 30 people will be allowed in the gallery at any given time. BIG ARTS has enhanced its air filtration system, all surfaces are wiped down between use, a professional

sanitizing fogger is being used after each gathering, and there are hand sanitizing stations throughout the ground floor.

BIG ARTS is located at 900 Dunlop Road on Sanibel. For more information, call 395-0900 or visit [www.bigarts.org](http://www.bigarts.org).

**BIG ARTS Corner**

## Workshops And Seminars

**B**IG ARTS is offering the following workshops and seminars:  
 Figure drawing from Photographic References with Francesco Gillia – Tuesdays, December 1 to 15, 9 a.m. to noon. Members \$93; nonmembers \$116.

Glass Fusing with Petra Kaiser – Wednesdays, December 2 to 16, 9:30 a.m. to 12:30 p.m. Members \$74; nonmembers \$93.

Basket Class: Colorful Basket with Gisela Damandl – Thursday and Friday, December 3 and 4, 9 a.m. to 4 p.m. Members \$121; nonmembers \$151.

Beginner Pastel with Donna Filomio – Thursday, December 3, 9 a.m. to noon. Members \$85; nonmembers \$106.

New Techniques in Pastel Painting and Preservation with Donna Filomio – Tuesday, December 8, 9 a.m. to 4 p.m. Members \$145; nonmembers \$181.

Raku with Martha Gratten – Saturdays, December 12 to 19, first class 2 to 4 p.m., second class 5 to 7 p.m. Members \$125; nonmembers \$157.

Beethoven: Sonata No. 9 with



Thomas Cimarusti – Tuesday, December 15, 9:30 to 11:30 a.m. Members \$40; nonmembers \$50.

One-Day Drawing Workshop: Drapery with Francesco Gillia – Tuesday, December 22, 9:30 a.m. to 3 p.m. Members \$95; nonmembers \$119.

The health and safety of instructors, students, staff and patrons is a priority at BIG ARTS. Staff is following CDC recommendations and asks for your cooperation in best practices safety standards. All students and instructors must wear a mask and social distance. Class seating will be carefully spaced. Signage and procedures are posted in the facility. All rooms are sanitized between classes and class sizes will be limited.

Call 395-0900 or stop by the BIG ARTS center at 900 Dunlop Road to enroll. Preregistration is recommended. For complete course descriptions, workshop and class schedules, visit [www.bigarts.org/workshops](http://www.bigarts.org/workshops), or email [info@bigarts.org](mailto:info@bigarts.org).

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## Sea School Adds Marine Science Educators



Dana Donkle and Brianna Machuga  
photo provided

Sanibel Sea School recently had two new marine science educators join their team of ocean advocates. The educators will work to deliver marine science education, hands-on field trips, and work to create lasting ocean memories for children and families.

Dana Donkle and Brianna Machuga bring their experience in environmental education and outreach and their love for children to the team at Sanibel Sea School. Donkle, hailing from the mountains in North Carolina, has always had a passion for the ocean ever since snorkeling for the first time in the Caribbean. That experience ignited her passion for ocean conservation and love for expressing her passion through ocean-related art.

Donkle recently spent time teaching about Florida's marine ecosystems at Pigeon Key Foundation in the Florida Keys. There, she led snorkel outings for school groups and taught coral reef ecology. Prior to that, she worked as an environmental educator, teaching children about the coastal ecosystems of South Carolina. She brings her passion for education and conservation to Sanibel Sea School.

Machuga, originally from northeast Ohio, is a returning staff member. She worked with Sanibel Sea School in 2019 as a summer camp counselor. Machuga was excited to return to Sanibel Sea School because she loves working with children.

Machuga brings her experience in education and children's programming from Disney, where she was a cast member and conservation educator.

Donkle and Machuga are part of Sanibel Sea School's all-women team. They look forward to meeting the Sanibel Sea School campers, students and becoming members of the island community. ✨

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Fast forward to 2012, I'm a newly divorced single mom of two beautiful daughters living with my mom in Estero. I began working at the Shell Museum here on Sanibel and commuting from Estero daily about 45 minutes each way. A volunteer at the museum told me about CHR and encouraged me to apply. Two years later, when I finally turned in my application, I was happily surprised to find out a 2-bedroom unit was available! My knees were literally shaking. I could not believe this could actually be mine.

CHR changed our lives. My commute time was cut to 5 minutes and my daughters and I had a place of our own with an abundance of resources through CHR and their generous partners. Today, my daughters have a true sense of nature and community, they value each other, and they understand philanthropy.

I have a successful career at the Shell Museum where I've worked in a variety of positions. I am a self-taught, award winning photographer since 2010 and find solace and refuge in my photographs. I love nature and to capture its beauty in macro shots of shells and flowers, seascape views of sunrise, sunset and even mountains through my lens. You can see my work on my website at [melanie-moraga.pixels.com](http://melanie-moraga.pixels.com).

CHR allowed me to be part of a community that I fell in love with 20 years ago. And I've learned through CHR that greatness is not based on what I have but instead on what I can give back."

—Melanie Moraga, CHR resident



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to provide affordable housing  
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to learn more, visit [SanibelCHR.org](http://SanibelCHR.org)

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# Highlights From CHR Benefit Pickleball Tournament At Sundial Resort



From left, Betsy Ventura, Christie Bradley and CHR Executive Director Melissa Rice photos provided



Sundial Beach Resort & Spa General Manager Becky Miller and Amber Anderson



Bill Gray and Mike Welters



Medalist 3.5-mixed gold, Nancy Frogstad and Bill Hoffman



Medalist 3.0 mixed gold, Cassidy and Alex Nicholas



Medalist 3.5 mixed silver, Kim Tropf and Josh Santini



Gary and Trish Winrow

## CROW CRAWL

Sunday, November 29 from Noon-4pm

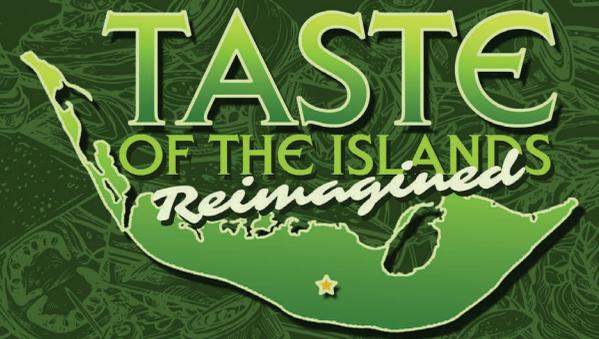
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Every Sunday's CROW CRAWL features different Taste restaurants to visit! Come see the CROW Animal Ambassadors at the CROW Tent and the Taste Sponsors outside the CRAWL restaurants for Taste T-shirts and giveaways. Of course, go inside and satisfy your hunger!



From left, Larry Scott, Melissa Rice, and Lily and Bill Hencken



From left, Collin Feng, Cassie, Liliana, Benjamin and Alex Werner, and Lois Feng



From left, John Bondurant, John Raho, Mary Bondurant and Barbara Genny



Medalists 4.0 women's doubles, from left, Mac Moody, Melissa Rice, Janna Conaghan, Leanna Osborne, Sally Lutz and Cheryl McDondough



Medalists 4.0 men's doubles, from left, Rick Colling, Marcel Ventura, Scott Tingley, Ryan Miscik, Bill Berrier and George Batista

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Book Review

# The Silent Wife

by Di Saggau



**T**he Silent Wife by Karin Slaughter is a mystery thriller. Present day Atlanta, Georgia, a young woman is brutally attacked and left for dead. The police investigate but the trail goes

cold. Until a chance assignment takes GBI investigator Will Trent to the state penitentiary to investigate the murder of an inmate. While speaking with potential witnesses, a prisoner named Daryl Nesbitt says he recognizes the MO. The attack looks identical to the one he was accused of eight years earlier. He always insisted that he was innocent, saying it was a corrupt investigation led by the now deceased Chief Jeffrey Tolliver. Now he's sure he has proof, and that means there may still be a serial predator out there.

This complicates things for Trent, because his lover and hopeful wife is medical examiner Dr. Sara Linton, also Tolliver's widow. He's fearful that investigating her former husband's possible misdeeds may drive them apart. As Trent digs into both crimes, it becomes clear that he must solve the original case in order to reach the truth. Yet nearly a decade has passed – time

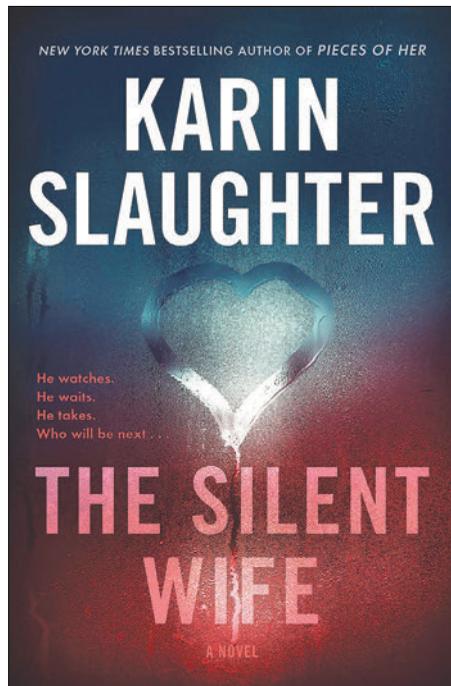


image provided

for memories to fade, witnesses to vanish, evidence to disappear. And now he needs Linton's help to hunt down a ruthless murderer. His partner Faith is also there to lend a hand and will have you laughing out loud.

The crimes are disturbing and Slaughter doesn't hold back from details. She shows the grim realities of these heinous acts as well as the emotional aftermath on victims and their loved ones. She uses two timelines which allows readers to see the past to

understand how it impacts present day. *The Silent Wife* is a suspense story that is not only pulse-pounding and thought-provoking, but humorous as well. I look forward to her next novel.✪

## School Smart



by Shelley M. Greggs, NCSP

**D**ear Readers, Every

year as we approach Thanksgiving and the holiday season, I like to suggest that parents and caregivers take time

to reflect on being thankful and having gratitude, and to share their thoughts with their children, friends and family. The dictionary defines gratitude as "the quality of being thankful; readiness to show appreciation for and to return kindness." Thankfulness and gratitude are two very important concepts for children to understand, experience and internalize.

Teaching children to be thankful for the abundance in their lives can be difficult as our society is very focused on material goods. Research tells us that, "Having regular experiences of gratitude is associated with healthy psychological and social functioning," (McCullough, Emmons & Tsang, 2002; Watkins, 2004). When we teach gratitude and thankfulness to our children and allow it to grow, we support improvement of our children's mental health and development of a positive life-long skill.

So how does a simple act of gratitude support our mental health and well-being? When we engage in being thankful, this often leads to an increased sense of wellbeing and positive mood. Being grateful often reduces anxiety levels and feeling of depression. When we are grateful for specific people in our lives, we strengthen these relationships and increase connectivity to the world.

Parents can teach their children to be thankful and have gratitude, but just teaching it to our children is not enough. We must model it as well. Serving as role models for our children is the best way to help them learn and understand these concepts. And, as we role model for them, we will also benefit, as our

own mental health will improve.

Here are some activities to help you teach thankfulness and gratitude to your children:

Say, "Thank you!" – Tell your children thank you and tell them why you are saying it. When you say thank you and give verbal feedback, be explicit in your praise of the aspects that are good. Start your feedback with, "Thank you! I want to give you a compliment/compliments." Allow your children to realize that you are grateful for what they have done correctly. Children will start remembering the compliments as they are valued and repeated in more work.

End each day with a positive thought – Have your child tell you what one thing they have learned that day or what was the best part of their day before they go to sleep each night. You could also do this at dinnertime and have each family member share something positive.

Gratitude/Thankful diary/Thank you notes – Encourage your child to write thank you notes or have their own diary that they write, draw or glue things in that they are thankful for in their lives. In times of upset, they can look through their diaries to remind themselves of all the things that make them thankful. These are powerful tools allowing children a tangible outlet to show gratitude.

Gratitude jars – Create a family gratitude jar and encourage family members on a weekly basis to write a little note with whom and what has made them grateful, and put it in the jar. Read them once a month at a family dinner and see positive feelings grow.

Modeling gratitude, that for which you are thankful, allows this expression of positivity to be normalized and incorporated as a part of daily life. Gratitude is a simple but effective way to develop a positive mindset for children and adults alike.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✪

## THIRD THURSDAY OF THE MONTH



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### ISLAND SUN BUSINESS NEWSMAKERS

#### Pfeifer Realty Group

The top producer for October at Pfeifer Realty Group was Kerri Maw, top listing and top sales agent.✪



Kerri Maw

#### RE/MAX of the Islands

The top producer for October at RE/MAX of the Islands was Sue Plein, top selling and top marketing associate.✪



Sue Plein

**WHITE SANDS #23**



Beach-facing 2nd floor roomy 2 bedroom

with den (3rd sleeping area) plus wide screened balcony. ~1,350 sq. ft. at 2311 West Gulf Dr. Small complex (just 14 owners) with weekly rental income. Beachy décor including easy-care plank-style tile floors. Handy to bike path, conservation tracts, Tarpon Bay Rd shops, restaurants, & more. \$1,199,000 furnished & with bookings

**MARINER POINTE #411**



Easy-access ground-level 3-bedroom

behind waterside pool on Sanibel's peninsula condominium community. Assigned parking just outside front door. BBQ's, fishing pier, boat dockage, & tennis, just steps away. Former screened lanai off great room now glass-enclosed to expand living space, while en suite master has bay-view screened lanai with exterior storeroom. \$599,000 furnished

**COMPASS POINT #232**



With screened balcony overlooking

this lush tropical buffer & with a peek of the gulf, this nicely updated 2nd floor 2 bedroom 2 bath has bright white open kitchen with breakfast bar, large dining area that opens to living room then balcony, plus separate utility room. Assigned parking & exterior storeroom too. Sellers use as vacation retreat, weekly rentals allowed here. \$599,000

**MARINER POINTE #541**



In 1st tier back from bay, this easy-access

ground-level 2 bedroom corner-unit has glassed raised lanai. Convenient waterside covered area just outside front door is perfect spot for wildlife & boat watching, while lanai also has terrific views. Easy condo living with 2 pools, boat dockage, canoe/kayak launch, tennis/pickleball, BBQs, & deeded beach access. \$515,000 mostly furnished

**LIGHTHOUSE POINT #117**



Residential community with near-beach east-

end convenience. 1st level corner 3 bedroom with sliders in both living room & master suite, side window in large eat-in kitchen, & brick patio off central glassed lanai. Separate utility, room, assigned parking, exterior storeroom, & clubhouse with pool, party room, bike storage, association office, tennis, & more. \$549,000 furnished

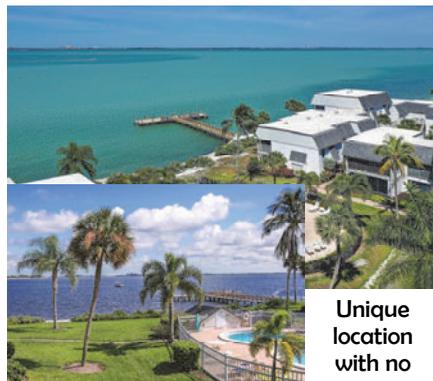
**BLIND PASS #E101**



West-end Blind Pass is favored by nature

lovers & allows weekly rentals, has on-site rental office, & wonderful outdoor amenities including paddling on Clam Bayou & wildlife watching from bridge to Bowman's Beach, site of amazing shelling. #E101 is ground-level split-plan 2 bedroom with private fenced patio, close to assigned covered parking. \$499,000 furnished & with bookings

**MARINER POINTE #522**



Unique location with no upstairs

neighbor, this 2nd floor 2 bedroom has glass balcony with bay view plus open front-entry deck. Inside, both baths & kitchen are updated. Great room floors are bamboo. Currently rented weekly through VRBO with future bookings to pass with sale, along with furnishings. Lots of amenities with this community, including deeded beach access. \$484,900

**Lot at 4566 BUCK KEY RD in SANIBEL BAYOUS**



Looking to build a beach home? This tropical lot (~109' x 139') faces south. Zone allows 30% developable, 25%

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**Lot at 1894 FARM TRAIL in ISLAND WOODS**



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home with stunning unobstructed views of San Carlos Bay, plus boat dockage from private lot with lift in community boat basin. Exterior updates include new metal roof, landscaping, new front/back decks & stairs, new porch with electric screens, & pool with electric cover. Inside: 4-stop elevator runs from 3-car garage to main living level. It has 2-story great room with fireplace; huge kitchen/dining room with another fireplace, gas cooking, high-end appliances, & butler's pantry; master suite; & another bedroom with full bath. Over garage is media room with 1/2 bath & party kitchen. Upstairs, an open deck that spans from 2nd master suite to bayside office (or 5th bedroom). Another guest room has cedar closet. Two luxurious baths on upper level too. \$3,495,000



**1015 FISH CROW RD**



Facing west overlooking lagoon in Gulf Shores,

this home features large raised screened pool with paver deck, easily accessible from sliders in tiled great room with fireplace & from en suite master. Lower level has covered parking & enclosed storeroom. With sunset views, it offers private island living with all on one level. Community beach access is at the west end of Waters Edge Ln. \$649,000



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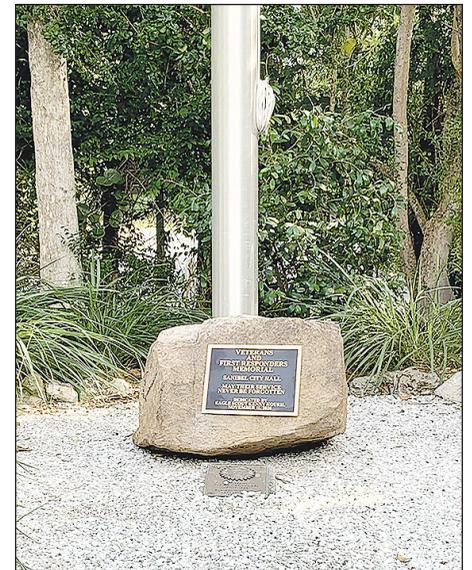


Kenny Kouril photos provided

## Local Earns Rank Of Eagle Scout

On November 9, Kenny Kouril received his credentials from National Boy Scouts of America for Eagle Scout rank. Additionally, he received the Bronze Eagle Palm for earning seven more merit badges beyond the required 21.

Kouril's Eagle Scout project is a veterans and first responders memorial at Sanibel City Hall. Initially designed to be a veterans memorial, he decided to add



The veterans and first responders memorial at Sanibel City Hall

first responders during the COVID-19 pandemic.

The Kouril family thanks donors RS Walsh, Sanibel-Captiva Kiwanis Club, Trophy Case, Mr. and Mrs. Jacobson, Mr. and Mrs. Reuling, and Troop 1740 for their help in funding and executing this project.

Kouril is part of Troop 1740 on Sanibel, which was chartered with Sanibel Community Church on September 27, 2016. Kouril formed the troop with his parents, family friends and the community, and it has since grown to 16 Boy Scouts.✪

## Historical Village Annual Report Available Online

The Sanibel Historical Museum & Village's 2020 Annual Report is now available on the website at [www.sanibelmuseum.org](http://www.sanibelmuseum.org). Click on "About Us" to access the report, which provides an overview of last season as well as a look ahead to the coming season – all of which has changed since the coronavirus came on the scene.

"We were having just a wonderful year in terms of admissions, memberships and fundraising," said Emilie Alfino, executive director. "Then the pandemic forced us to close on March 17. We reopened October 20 with many safety measures in place to guide us through the coming months as we continue to watch the effect of the virus on all of our lives and assess how to move forward."

The report includes a summary introduction outlining the village's status before and after the coronavirus closure, a list of safety measures now in place as work goes forward with the pandemic still here, and an appeal from the executive director. Read about the events and successes of last season and look at the calendar for the upcoming season, some of which must be tentative – again, due to the coronavirus.

"We are proud to honor our volunteers and supporters in our annual report and are incredibly grateful to them for their continuing, loyal, enthusiastic



Annual report cover image provided

support – both before and after the crisis of the virus," Alfino said.

The Sanibel Historical Museum and Village is open Tuesday through Saturday from 10 a.m. to 4 p.m. Masks and social distancing are required. Due to COVID-19, guided tours are available by reservation only in groups of no less than six and no more than 10.

The Sanibel Historical Village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access. Admission is \$10 for adults (18 and over), no charge for members and children. For more information, call 472-4648.✪

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# Historic Photo Restaged On Captiva

by Kathy Kurtz Ferrari

About 40 people from the Captiva community took part in the restaging of a historic photo in front of Captiva Chapel by the Sea on November 22, as the Captiva Island Historical Society hosted History Repeats Itself.

A "then and now" photo was taken in the same location as a photo taken during a community gathering in front of the chapel in 1918, the year of the Spanish flu pandemic.

The modern photo shows people wearing masks and socially distanced, as evidence of the environment in 2020 on the island.

The photo will be added to the



Members of the Captiva community gather November 22 to restage a photo taken in the same location in 1918 as part of Captiva Island Historical Society's "History Repeats Itself" event photo by Kathy Kurtz Ferrari

historical society's collection along with the original photo, which is displayed in a frame inside the chapel.

For details on other events being held throughout the season, visit [www.captivastrandhistoricalsociety.org](http://www.captivastrandhistoricalsociety.org).



This original photo was taken on Captiva in 1918, during the Spanish Flu pandemic photo provided

You just found out dinner went from four to eight people.... luckily your dining table expands so easily you can do it with one hand tied behind your back!

*The Jupe dining table, with self storing leaves.*



*Another great find, without leaving the island!*



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## City Holiday Hours And Refuse Collection

The City of Sanibel administrative offices will be closed in observance of Thanksgiving on Thursday, November 26 and Friday, November 27. City hall regular office hours will resume on Monday, November 30. If you have any questions, call 472-3700.

Refuse, recycling and vegetation waste collection by Advanced Disposal

Services regularly scheduled for Thursday, November 26, (Thanksgiving Day) will be one day later. The normal waste collection schedule resumes on Monday, November 30. If you have any questions, call 334-1224.

Sanibel Recreation Center will be closed in observance of Thanksgiving, Thursday, November 26, and Friday, November 27. The recreation center will resume regular operating hours on Monday, November 30. If you have any questions, call 472-0345.

Center 4 Life is currently closed due to COVID-19.\*

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Superior Interiors

# How To Decorate Around A Fireplace



by Katie Frederick

**I**f you're lucky enough to have a fireplace in your home, it is likely the focal point of your living room year-round, but there's no denying that the shining moments of this architectural

feature occurs during the fall and winter months, even in our temperate climate. Not only can you light a fire and get cozy on a crisp evening, the decorating choices for the mantel and surrounding area are seemingly endless.

Having the right decor around your fireplace is ideal for drawing your eye to the area and emphasizing the feelings of the season. Follow these tips to create a safe and aesthetically pleasing display around your hearth.

First and foremost, it's critical to follow some fire safety rules when decorating around your fireplace, especially if it's functional. Keep any décor a safe distance away from heat sources, especially if the materials are flammable. This means keeping a close eye on any floral arrangements

and cloth items you may use. If your fireplace is more ornamental, you can still create a warm feeling by putting candles in the space (there are very realistic flameless options available). This may offer some more flexibility with embellishments, as the fireplace will not be emitting embers and heat.

No matter how you use your fireplace, it's important to enhance it with your decor choices. A good rule of thumb is to have one item in the middle of the mantel and a sconce or other matching items on either side. Adding a mirror centered over the hearth is a great way to create symmetry and make the living area seem more spacious.

Another good anchor item would be a vase of flowers or a cornucopia with other seasonal accessories flanking it. From there, it's time to add other elements like candle sticks, photos, or sentimental collectables you rotate with the seasons. The consensus is that while symmetry is important for beginning to place your decor items, adding accessories in odd groups is the most pleasing to the eye. This may mean adding three candles or five figurines around the space to create depth in addition to the larger, centering items.

Of course, the best part of decorating around the fireplace is giving homage to the new seasons through your assortment of embellishments.

In the spring or summer, your mantel may be adorned with a fresh bouquet of flowers. Fall and winter are times when the area might welcome a little more

holiday style.

For autumn, hanging a decorative wreath and adding candles is a great way to welcome in the shorter days. Winter holiday events can mean deep reds and greens, possibly a fresh garland or nutcrackers placed at a safe distance away from any heat. Either way, the fireplace is an area to showcase your seasonal decor and evoke the warmth of the holiday season.

Finally, it's important to never clutter

your fireplace area with too many frills. Not only can this pose a safety hazard if you want to light a fire, but it may not be pleasing to look at consistently. Therefore, switching out decor every few months is recommended. You can rotate your favorite pieces and appreciate them at different times of the year.

*Katie Frederick is an interior designer on Sanibel/Captiva Islands. She can be reached at [katie@coincdecn.com](mailto:katie@coincdecn.com).*

## Calendar Art Contest Open To Students

**T**he 32nd annual Keep Lee County Beautiful, Inc. (KLCB) art contest for the 2022 Leave The Scene Clean calendar is now open. The full-size color calendar features the winning environmental artwork from Lee County students. The art contest is open to all public, private, virtual and home-schooled students.

The students are invited to create a full color drawing or painting showing what they have learned about conserving local resources and keeping the environment clean. Judges select a cover winner, 12 first place winners (one from each grade) and honorable mention winners. Winners will be recognized at an awards ceremony next fall.

The contest draws thousands of entries from local students. Submitted work will be judged on artistic execution and originality as well as environmental theme, such as litter prevention, recycling, community cleanup and protecting the environment.

The calendar, which is used as an educational tool, is distributed throughout the school system and during KLCB events. A blend of corporate support, educational content and children's artwork makes this project one of the most fulfilling projects of KLCB's mission. KLCB donates calendars to schools to serve as a source of funding for school environmental projects. Schools keep 100 percent of all the money they raise to be used toward the projects.

The contest rules and entry form are available at [www.klcb.org/leave-the-scene-clean-calendar.html](http://www.klcb.org/leave-the-scene-clean-calendar.html), by calling 334-3488 or emailing [tisha@klcb.org](mailto:tisha@klcb.org). The deadline for entries is April 23.

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# Water Quality, Sea Level Rise Topic Of Meeting

The good news, as far as the current water quality situation stands, is that red tide status is rated at “not present to background levels,” and the shorter days and cooler water temperatures mean a lowered potential for algae blooms in Lake Okeechobee and local waters. Sanibel-Captiva Conservation Foundation (SCCF) Environmental Policy Director James Evans reported the news at the November 18 virtual business meeting of the Sanibel & Captiva Islands Chamber of Commerce.

It balanced earlier not-so-good news he delivered about historic high-water levels in Lake Okeechobee and long-term flows into the estuary. “Currently, the lake is at 16.39 feet high; 15 to 12 feet is ideal for the ecology of the estuary,” he said. “The harmful flows for 67 days have a real impact from a salinity standpoint.

“It’s not just nutrients but also salinity that have an impact on organisms that rely on our estuary,” he explained in speaking about the conundrum of seasonal too-much and too-little flow from the Caloosahatchee.

Evans joined SCCF Chief Executive Officer Ryan Orgera, PhD, in addressing chamber members about the breadth of the nonprofit’s work and how it impacts the islands’ economic as well as environmental health. Orgera talked about SCCF’s sea turtle nesting program, which



SCCF’s James Evans showed a City of Sanibel photo of recent water quality conditions at the lighthouse photo provided

broke records this past season, but also about his team’s crucial work developing science for the impact of the illegal land turtle trade, which hits home on Sanibel and is decimating populations across the state.

He also touched upon oyster restoration projects and an upcoming expansion of SCCF’s RECON network, which informs policymaking for water quality across the country.

Both Evans and Orgera cautioned local business owners to choose scientific proof that climate change and sea level rise are facts, facts that could threaten the future of island livelihood. “I just ask that we all agree to start ignoring the political debate on this and just accept that the longer we

do nothing, the more vulnerable, and quite frankly, the worse business managers we are over time,” said Orgera.

“We need to do things to change the course,” said Evans, referencing the Southwest Florida Regional Resiliency Compact spearheaded by Florida Gulf Coast University, a partnership that can strengthen the local voice and help attain grants. “It’s really an economic issue, the science stands clear that it’s occurring. Our insurance rates will go up whether or not we acknowledge climate change.”

Evans thanked the chamber and members who have responded to recent SCCF calls to action, including wetland permitting, aquaculture pilot testing and, most recently, Sanibel Passage Wetland development near the causeway. He urged members to petition the Army Corps of Engineers for a hearing on the development. The two speakers also thanked the chamber for getting the community involved in legislative support of water quality.

“We are looking forward to a great first quarter,” said John Lai, chamber president and chief executive officer. “Our business community has made the decision to make it our mission to support water

quality. Thanks for what you do to ensure our quality of life. You are absolutely 100 percent not just a member, but a partner.”

Lai also spoke to keeping the islands safe, as season unfolds, by adhering to the chamber’s SanCap Safe program and the city’s mask mandate. “We believe that’s a big component to our success in past months. This season has us excited, but I can’t say enough what we have to do to remain safe,” Lai said.

SCCF’s environmental policy priorities include protection and restoration of important habitats, growth and land management issues, fish and wildlife conservation, and restoration of inland and coastal water resources. Orgera took SCCF’s helm in January 2019, following work to end illegal fishing and advocate for shark conservation.

Evans, the former City of Sanibel director of natural resources since 2012, joined the SCCF team in September to interpret science to create, inform and advance environmental policy in Southwest Florida. He carries forth the policy work established over the past 14 years by SCCF’s founding natural resources policy director, Rae Ann Wessel, who retired in May.

With Luminary Week on the calendar for December 4 through 11, the chamber plans to take next month off from business meetings. Plans for the January meeting will be announced in December.\*

## Help Loved One With Addiction

Narconon reminds families that drug abuse is on the rise in almost every community nationwide. Many families don’t know where to turn or what to do about their loved one who is suffering from addiction.

To learn more about how to help your loved one, visit [www.narconon-suncoast.org/blog/a-letter-to-any-family-dealing-with-addiction.html](http://www.narconon-suncoast.org/blog/a-letter-to-any-family-dealing-with-addiction.html). Call 877-841-5509 for free screenings or referrals.\*

**HAPPY THANKSGIVING**

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1

#### 4. 4 bedroom Home on Intersecting Canal – Sanibel

- 4 BR/ 4 BA home with boat dock, lift, and private pool
- Large kitchen, private elevator, multiple lanai's including rooftop deck with Bay views
- **\$2,195,000** Euro 1,853,259

#### 5. Updated Tropical Beach Condo at Loggerhead Cay -Sanibel

- 2 BR/2 BA condo with remodeled kitchen, baths, French doors, plantation shutters, & Gulf views from lanai
- Large pool, pet friendly, & weekly rentals make this a great option for families and investors
- **\$699,000** Euro 590,172

#### 6. Privacy Meets Paradise in The Dunes – Sanibel

- 4 BR/3.5 BA home located at the end of a cul-de-sac with panoramic lake and golf course views
- Open kitchen, screen enclosed pool and lanai, new roof, and whole house generator
- **\$870,000** Euro 734,549



2

#### 1. Mandalay – Sanibel

- A private beachfront estate like no other. Offering 5 bedrooms, 4.3 bathrooms, this estate is spread out over 300ft of private beach frontage adjacent to preserve land. Designer finishes, extraordinary views, resort style pool & spa, his & hers master baths, and designed to be as sturdy as it is striking.
- **\$16,895,000** Euro 15,244,755

#### 2. Duplex Style Home on Sanibel

- Unique property in the heart of Sanibel fit for a family compound or vacation retreat
- Features two separate 3 bed/3 bath residences each with a 2 car garage. Pool, spa, & garden area
- **\$859,000** Euro 725,801

#### 3. Captiva Village Home with Gulf Views – Captiva

- 4 BR home with pool located just 1 property from the beach on Wightman Lane
- Rental company estimates \$180k annually. New septic, roof, generator & offered furnished
- **\$2,395,000** Euro 2,031,701



3



4



5



6



7



8



9

#### 7. Magazine Ready Home in the Sanctuary – Sanibel

- 5 BR/ 5/1 BA property situated on the bay & intercoastal waterway and framed in by the Sanctuary's signature 4th hole.
- Boasting 11,000sqft, the interior finishes include luxurious accent wall of glass, walk-in wine cellar, marble inspired
- Cambria counters, statement light fixtures & over a million dollars in updates.
- **\$2,998,000** Euro 2,658,932

#### 8. On East End Across from Beach w/ Boat Dock - Sanibel

- 3 BR/ 3.5 BA + den & loft in Eastwood Landings w/ tennis, boat dock, and beach access
- Main floor master, fully mitigated, high ceilings & screen enclosed pool
- **\$1,390,000** Euro 1,173,466

#### 9. South Seas Beach Home – Captiva

- 4 BR/3 BA two story fully remodeled beach home. Open kitchen, vaulted ceilings, impact windows
- Daily sunsets from open & enclosed lanai space including top floor private deck off master
- **\$3,375,000** Euro 2,851,662

#### 10. Gulf front corner unit at Sundial East

- 3 BR/2 BA corner condo in desirable L building close to all the Sundial amenities
- Fully remodeled kitchen & baths, ground floor cabana. Perfect for end users, family vacations, or investors
- **\$1,495,000** Euro 1,259,743

#### 11. Captiva's Gold Coast

- 3 BR/ 3BA home located on the Roosevelt Channel with private boat house & lift
- Beautifully remodeled, tropical landscaping, channelside pool, & incredible water views
- **\$2,250,000** Euro 1,895,934

#### 12. Uncommon Luxury Next To The Beach – Sanibel

- 3 BR/ 3.5 BA, chef's kitchen with 6 burner Viking cooktop, breakfast bar & separate prep island
- 18ft ceilings, impact windows, salt water pool with multiple water features
- **\$1,395,000** Euro 1,263,703

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11



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# Love And Justice In An Estate Plan



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

So much goes into the making of an estate plan beyond the technical. Obviously, love is a major element. We want to provide for our loved ones we leave behind.

But how do we feel about various injustices? For this article, I define injustice as not treating our loved ones fairly. The feeling of fairness can arise from any number of circumstances.

As one example, Diane and I were engaged in a Zoom conference the other day where she recalled a conversation she had with her son, Brad. Diane made disproportionate monetary gifts over the years to another son and a daughter, Brad's siblings. Brad's brother was in and out of jobs over the years. He just can't seem to hold onto a job, so Diane made substantial gifts to keep him afloat. Diane's daughter was a spendthrift. If the daughter had \$1,000 in her checking account, she charged \$2,000 on her credit card. Again, Diane came to the rescue many times over the years.

Brad, on the other hand, never asked Diane for anything. He was always there for her emotionally when she needed him, particularly when her husband, the children's father, passed away.

Diane naturally wanted to even things out, taking into consideration the vast sums she had gifted to her other children, as well as give extra to Brad because of his own generous nature. She therefore directed me to amend her trust, bequeathing a larger portion to Brad than to his siblings.

Less than a week after Diane signed the amendment, I received a call. "I need you to reverse the plan to make them equal beneficiaries," she directed.

"May I ask why you have the change of heart?" I responded.

"I had a long conversation with Brad, and here's what he said: 'Mom, it's not worth it to me to alienate my brother and sister over an inheritance.'"

Love and justice, it seems, don't necessarily work together. As Niels Bohr, the Nobel Prize-winning physicist put it when he discovered that his son had stolen an object from a local shop: he could look at him from the perspective of a judge (justice) and as his father (love) but not both simultaneously.

This, it seems, is true for many families. At the heart of these estate plans is a conflict with no simple resolution. There isn't a general rule to tell us when love is the right reaction and when justice is. We may spend much more educating one child

than another or, like in Diane's case, one child may have greater needs than another, whether by happenchance or from personal shortcomings.

What of the child who has a drug, alcohol or gambling problem? It isn't smart to turn over an inheritance to that child. There are solutions other than writing the child out as a beneficiary altogether, such as imposing a gatekeeper trustee over the inheritance. But what will that child's reaction be when he learns that his siblings have no gatekeeper? What if he's been dependency free for years at the time of his parent's death, but the trust was never changed? Would your answer change if he had been in and out of rehabilitation several times?

"You liked brother best!" is a phrase no parent wants to hear. Yet, there are valid reasons for treating our loved ones differently.

You might find it interesting to learn that love and justice do intersect under criminal law. A "crime of passion" is one committed in the "heat of the moment." It is usually an immediate response to a provocation, such as a husband murdering another man he finds in bed with his wife. Penalties for committing crimes of passion are usually less severe than those that are premeditated, or planned.

In other words, justice is tempered when love burns immediate and bright.

In the estate planning arena, decisions tend to be made more deliberately. Circumstances prompting a revision to wills and trusts percolate over time, often over many years. The client doesn't want to overreact but feels that fairness mandates action.

So where might you leave it? There are strategies available where the disclosure of separate treatment isn't readily apparent. Is it safe to rely on them? Probably not. It's said that a secret known by more than one person won't be kept a secret for long.

Which brings us back to love and justice. Whether or not they're in equilibrium depends on your family's dynamic, your fortitude and the consequences your idea of fairness may have on your loved ones' relationships with one another.

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## Snook Harvest Season To Close

The recreational harvest season for snook closes December 1 in gulf state and federal waters, including Monroe County and Everglades National Park. It will remain closed through February 28, reopening to harvest March 1. Anglers may continue to catch and

release snook during the closed season.

Snook remains catch-and-release only in state waters from the Hernando/Pasco county line through Gordon Pass in Collier County (includes Tampa Bay and Hillsborough County) through May 31, in response to the impacts of red tide. Snook also has a regular season closure in the gulf that runs May 1 through August 31.

The Florida Fish and Wildlife

continued on page 42

## How's The Market? Ask Ann

Going back one week, 19 homes and condos were reported as Closed sales on Sanibel, almost 3 per day. This happened in November, traditionally a slow month for sales.

So, you want to buy and what do you do? Establish a relationship with an experienced Realtor that you trust. If you see something that fits your needs, make an offer in writing. This is much more powerful than a verbal offer. If the comparable sales support the listing price, don't try and "lowball" the Seller. You may be insulting the Seller and hurting your chances of purchasing the property. Secondly, you will just be wasting your time. I see our market continue to be strong going into the season. Listing prices will be increasing. In conclusion, if you like the property, it is no time to be timid. Pull the trigger and enjoy the benefits of living in Paradise!

Lot Buyers... cross your fingers... we are awaiting receipt of a new near beach listing lot in the mid \$200,000 range. This lot makes sense for a buyer looking for a new home in the \$700,000 range. Give me a call!

### Closed Sales going back one week:

|  |   |
|--|---|
| 2486 Wulfert Rd. - \$100,000                       | 525 N. Yachtsman Dr. - \$775,000                  |
| 2297 Wulfert Rd. - \$179,000                       | 917 Lindgren Blvd. - \$850,000                    |
| 1501 Middle Gulf Dr. Sundial West 1405 - \$405,000 | 1341 Middle Gulf Dr. Sunset South 14B - \$920,000 |
| 1501 Middle Gulf Dr. Sundial West D308 - \$414,000 | 5117 Sea Bell Rd. G105 Blind Pass - \$950,000     |
| 760 Sextant Dr. Mariner Pointe 813 - \$525,000     | 2949 W. Gulf Dr. 201 Blue Gulf - \$1,135,000      |
| 1410 Sand Castle Rd. - \$612,408                   | 3105 W. Gulf Dr. 201 Sunward - \$1,200,000        |
| 9128 Mockingbird Dr. - \$635,000                   | 2343 Wulfert Rd. - \$1,390,000                    |
| 979 E. Gulf Dr. 573 Loggerhead Cay - \$657,500     | 2659 W. Gulf Dr. B302 High Tide - \$2,080,000     |
| 9307 Dimmick Dr. - \$680,000                       | 1558 San Carlos Bay - \$3,050,000                 |
| 1326 Tahiti Dr. - \$700,000                        |   |

19 Sales: 8 Homes, 9 Condos and 2 Vacant Lots

Call or email me with any questions. Stay safe.

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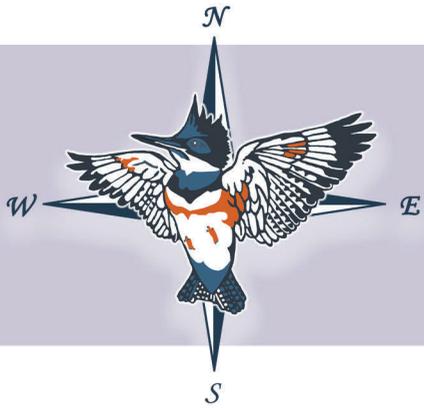
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- 2154 Starfish LN • Sanibel
- 261 Ferry Landing • Sanibel
- 1056 S Yachtsman Dr • Sanibel
- 5056 Joewood Dr • Sanibel
- 9106 Mockingbird Dr • Sanibel
- 1031 Sand Castle Rd • Sanibel
- 9307 Dimmick Dr • Sanibel
- 1021 Sand Castle Rd • Sanibel

- 987 Sand Castle Rd • Sanibel
- 2265 W Gulf Dr 320B • Sanibel
- 9128 Mockingbird Dr • Sanibel
- 1410 Sand Castle Rd • Sanibel
- 2737 W Gulf Dr 111 • Sanibel
- 2065 Wild Lime Dr • Sanibel
- 805 E Gulf Dr 2F • Sanibel
- 1611 Sand Castle Rd • Sanibel
- 910 SW 47th St • Cape Coral
- 8120 Banyan Breeze Way • Fort Myers

- 312 Periwinkle Way 6 • Sanibel
- 16268 Kelly Woods Dr • Fort Myers
- 601 Periwinkle Way C3 • Sanibel
- 3256 White Ibis Ct 27 • Sanibel
- 2659 W Gulf Dr A301 • Sanibel
- 16197 Crown Arbor Way • Sanibel
- 1356 Jamacia Dr • Sanibel
- 12476 Barrington Ct • Sanibel
- 1440 Middle GULf Dr 1A • Sanibel
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# Frankly Speaking

by Howard Prager



For the Thanksgiving holiday, I asked some of the people I interviewed what their Thanksgiving sports wish is this year.

Pat Hughes, Chicago Cubs broadcaster, said:

"I just want everyone to stay out of harm's way in these dangerous days. And here's hoping for a peaceful 2021 when people start treating others with more compassion and friendship. Let's all smile more often."

Judd Loveland, general manager of the Fort Myers Mighty Mussels, said: "We are thankful to be a part of the Southwest Florida community and are wishful for a happy and healthy 2021! Thanks and hope to see you at a ballgame at Hammond in the near future."

Jeff Wilder, baseball analyst, said: "My Thanksgiving sports wish is for things to return to normal in 2021. While there are so many things to be thankful for in sports, and especially baseball, it's the sheer entertainment and each team's traditions that are missed. We can marvel at Statcast numbers, and crunch sabermetrics to our hearts content, but it's the intangible fan experience and crowd camaraderie that is so needed. We're all missing that, even if it's on a subconscious

level. I miss entrance music as each player steps to the plate. To hear a Wrigley Field crowd sing 'Go Cubs Go' or a Fenway Park crowd sing 'Sweet Caroline' or a Yankee crowd sing 'New York, New York' after a win. It's these types of intangible moments that I'm wishing will resume in 2021."

Paul Sullivan, president of the Baseball Writers Association of America and *Chicago Tribune* columnist, said: "I'm just thankful no one close to me has COVID and a vaccine is closer to being distributed to those who are in dire need."

Doug Plank, former all-star safety of the Chicago Bears, said: "I am selfish on my sports wishes. I wish for Ohio State to win another national championship. I wish for the Chicago Bears to win another game." (Yes Bear fans, the team is that bad again, especially on offense.)

Here are my wishes. First, that a year from now, sports is back to normal in whatever that will look like. I'm expecting there to be some changes going forward to keep us all safe. Second, until then, may athletes, coaches, staff and fans all take proper precautions. Third, may my 5-0 Northwestern Wildcats keep winning, find some magic to beat the Buckeyes in the Big Ten title game and make it to one of the top bowl games. Fourth, that sports does what it does best and bring us all together as one people and one country, enjoying our alma mater, hometown team or team we cheer for. And that we all enjoy exciting, fair and well-played games. And fifth, my thanks to you, all of my readers. Stay safe, enjoy my musings, and let me know from time to time what's

on your mind. I'll try and keep looking at sports from different angles. Which leads me to the good news story of the week from the Good News Network. This couldn't be more timely or appropriate.

"Just 14 minutes shy of the 17-hour cutoff time, triathlete Chris Nikic, a 21-year old Floridian didn't finish with the fastest time when he recently completed his first Ironman race. But he did set a new triathlon world record. After swimming 2.4 miles, cycling 112 miles and running a 26.2-mile marathon, he became the first competitor with Down's Syndrome to successfully complete an Ironman race. "You have shattered barriers while proving without a doubt that anything is possible," tweeted the official Ironman Triathlon Organization. "We are beyond inspired, and your accomplishment is a defining moment in Ironman history that can never be taken away from you." Chris himself tweeted: "Goal set and achieved. Time to set a new and BIGGER Goal for 2021. Whatever it is, the strategy is the same. One percent better every day. Yes, I did the work but I had angels helping me. God surrounded me with angels. Best part of all, new family and friends. All about awareness and inclusion. Awareness for Down Syndrome and Special Olympics. Inclusion for all of us with all of you. It's amazing but overwhelming because I got 33,000 new followers and messages since yesterday. If you want to support my mission for Down Syndrome and Special Olympics, go to my website www.chrisnikic.com because 100 percent of the

donations go to my charities. I achieved my goal and now I want to help others like me." For his awe-inspiring efforts, Nikic also earned himself a place in the Guinness Book of World Records as the first person with Down's Syndrome to become an official Ironman. I think Nikic achieved far more than that distinction. What a great example and caring story to share at your Thanksgiving table this year.

*Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com.\**

From page 40

## Snook Harvest

Conservation Commission is expected to review updated monitoring data and consider future management options for this area in early 2021.

Regular season closures are designed to help conserve the species during vulnerable times such as cold weather. Atlantic state and federal waters, including Lake Okeechobee and the Kissimmee River, will be closed December 15 through January 31, reopening to harvest February 1.

Visit [www.myfwc.com/marine](http://www.myfwc.com/marine) and click on "Recreational Regulations" and "Snook" for more information on snook. Improve data and report your catch on the Angler Action Foundation iAngler app at [AnglerActionFoundation.com](http://AnglerActionFoundation.com).\*



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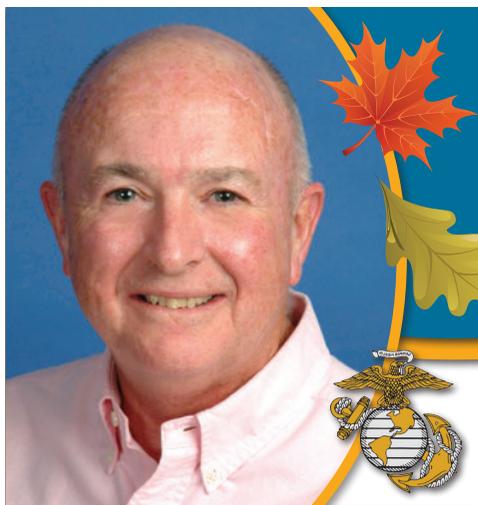
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## SPORTS QUIZ

1. Running back Curtis Enis rushed for 1,363 yards and 19 touchdowns in 1997 as a member of what college team?
2. NHL right winger Claude Lemieux won four Stanley Cup championships playing for three different teams. What were they?
3. What piece of sports equipment did Rev. Robert Adams Paterson revolutionize in 1848 when he made it out of a latex called gutta-percha?
4. What was the name of the 1996 inspirational film that starred Green Bay Packers defensive end Reggie White and actor Pat Morita?
5. Name the Cleveland Browns quarterback and Pro Football Hall of Famer who was NFL MVP in 1951, '53 and '55.
6. What 10-time NBA All-Star and Basketball Hall of Famer is known as "The Glide"?
7. What Brazilian footballer twice won FIFA World Player of the Year (2004-05) and won the Ballon d'Or in 2005?

## ANSWERS

1. The Penn State Nittany Lions. 2. Montreal Canadiens (1986), New Jersey Devils (1995, 2000) and Colorado Avalanche (1996). 3. The golf ball. 4. Reggie's Prayer. 5. Otto Graham. 6. Clyde Drexler. 7. Ronaldinho.



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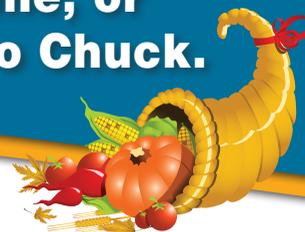
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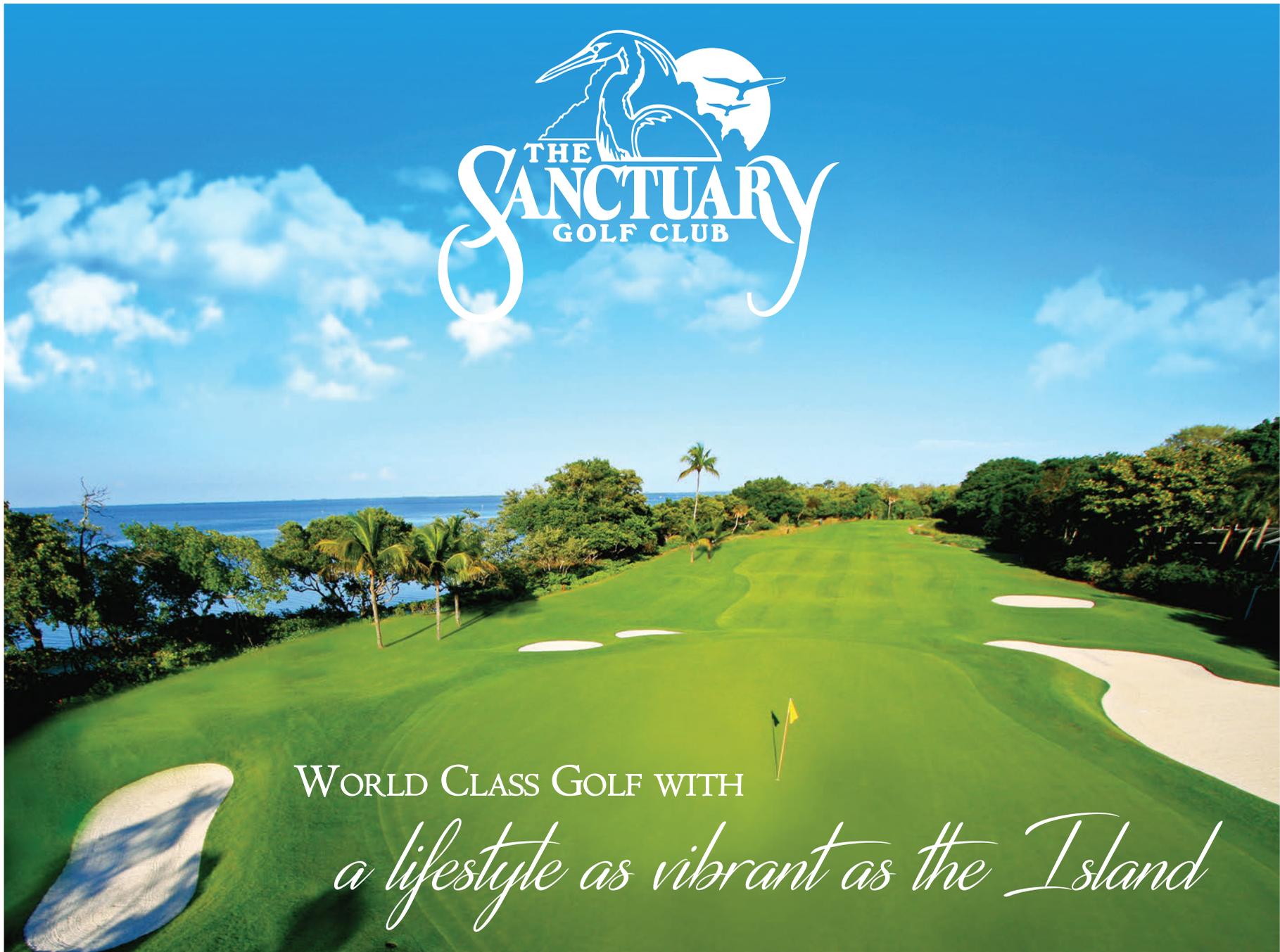
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From left, Dana Foster, Jeff Muddell, Marty Harrity, Babs Maughan and Kim Kouril photo provided

## The Sanibel School Thankful For Local Support

As students break for Thanksgiving and prepare for the holiday season, there is much to be thankful for on the campus of The Sanibel School.

The school has been in session since August, now with well over three-quarters of enrolled students attending classes in person. Students have adjusted well to safety protocols, and teachers and administrators have modified their teaching to the “new normal” of the pandemic.

But, best of all, the community continues to rally to support the school through gifts to the Sanibel

School Fund and the Parent Teacher Association (PTA).

That generosity will soon bring a new pottery kiln to the school’s art department.

Longtime supporters Marty and Brenda Harrity, co-owners of Doc Ford’s Rum Bar & Grille, believe in keeping the community’s National Blue Ribbon School strong. They are annual supporters of the Sanibel School Fund’s Blue Ribbon Golf Classic and donors to the fund’s 2020 annual campaign, and sponsors of many PTA events.

“Marty is truly interested in seeing our school succeed,” said Jeff Muddell, president of the Sanibel School Fund. “He keeps an ear to developments, wants to know what’s going on. And whenever The Sanibel School is in need of something above and beyond what its budget allows, there’s Marty, asking how he can help.”

When Harrity learned this summer that the school’s kiln was broken and needed to be replaced, he immediately called to see what could be done. In a few weeks, thanks to the Harritys and Doc Ford’s, a new kiln will arrive.

“They are an amazing family, and they run a very generous business,” said Muddell. “Marty was on city council when the middle school was dreamed up, constructed and opened. He knows the value of keeping our school strong and bringing new families to the island. We are all so thankful for him and Brenda and their business.”

The Sanibel School is an A-rated public K-8 school, part of the School District of Lee County. As such, it largely works with a public school budget.

But the school has been blessed through the years to receive support from the community, providing opportunities for students above and beyond what is provided by the school district. That support is used to fund educational programs like the new track for STEM (Science, Technology, Engineering, Math), leadership

programs, teacher appreciation initiatives and additional supplies and equipment.

To find out how you can support The Sanibel School, email the Sanibel School Fund at [thesanibelschoolfund@gmail.com](mailto:thesanibelschoolfund@gmail.com) or the Sanibel School PTA at [SanibelPTABoard@gmail.com](mailto:SanibelPTABoard@gmail.com).✪

## ISLAND SUN BUSINESS NEWSMAKERS

### Royal Shell Real Estate



McMurray and Members



Andre Arensman



Trevor Nette

The top producers for October at the Royal Shell Real Estate Sanibel and Captiva office were: McMurray and Members, top listing and top sales producers team; Andre Arensman, top listings producer individual/partners; and Trevor Nette, top sales producer individual/partners.✪

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Health First

# Thanksgiving Day: A Time For Gratitude



by Julie Rosenberg, MD

**T**hanksgiving Day is upon us, a national holiday celebrating the harvest and other blessings of the past year. Thanksgiving has always been my favorite holiday. I

appreciate the opportunity to slow down, take a pause, to spend time with family and friends, and to focus on offering gratitude for the many blessings in my life.

Gratitude is an intentional discipline and an affirmation of goodness. Practicing gratitude is a reliable means to increase happiness. It leads to forgiveness and paying it forward. Gratitude has also been shown to improve relationships, as well as overall physical and psychological health. There is a growing body of scientific research that shows that practice of gratitude that may improve your overall health and wellbeing.

A regular gratitude practice can have a dramatic impact on your outlook on life. Consider this: Instead of taking things for granted, can you pause to notice and identify the things for which you are grateful, such as going for a morning walk or taking a long, hot shower? Gratitude is about learning to appreciate the positive aspects of your own life.

You can make gratitude a regular habit by trying the following ideas – they require only a small investment of time:

Notice the things for which you are grateful – Nature. People. Community. Shelter. Pets. Everyday comforts like a good meal. You notice so much more when you focus on feeling grateful for what you do have instead of focusing on what you don't have. Once you start identifying things to be grateful for, your mind begins to think with gratitude.

Give thanks for the gift of time – Poet and essayist Ralph Waldo Emerson said, "We are always getting ready to live but never living." We often prepare endlessly, but never actively pursue the things that we want in our lives. Every day offers a new start. The past is history. The future is unknown. Consider today a gift. How will you use the time to move forward?

Keep a gratitude journal – Set aside a few minutes each day to write down at least five good things in your life. Keeping a journal allows you look back over your past entries, which will support your personal growth. By writing each day, you will begin to magnify and expand on sources of goodness in your life.

Begin each day with gratitude – How do you start your day? Do you review your to do list? Do you check email or text messages before getting out of bed? Many of us awaken and immediately get caught up in the daily grind – we forget the simple beauty and preciousness of life. When you start your day in a mindset of gratitude, you set a positive tone for the day and happiness comes more easily.

Be thankful as you carry out your daily routine – In addition to writing in a journal, try practicing thankfulness as you go about your daily activities. Savor things that you might consider small or routine. For example, take an extra moment to enjoy your morning coffee, a breath of fresh air or a stroll on the beach.

Over time, you will train yourself to think differently. Thankfulness will become second nature to you. Maintaining this mindset will lead to greater satisfaction and appreciation in life.

On Thanksgiving Day, if only for a few moments, commit to expressing gratitude. Try to focus on all that you have, rather than what you don't have or what you think you deserve. Voice your gratitude to the people who mean the most to you. Your efforts may have enormous benefit not only for them, but for you.

*Julie Rosenberg, MD, is a global healthcare leader, medical consultant and the author of two books, Beyond the Mat and Be True. For more information, visit her website at [www.drjulierosenberg.com](http://www.drjulierosenberg.com). For consulting and speaking requests, email inquiries to [info@drjulierosenberg.com](mailto:info@drjulierosenberg.com).*

# Scholarship For Young Women

**T**he Margaret B. Lee Scholarship Fund has been established to support young women from Sanibel or Captiva in post high school education.

Applicants should be either a high school senior who will attend an accredited college or university after graduation or a current college student at one of these institutions. The applicant must demonstrate financial need.

The scholarship is administered by the PEO Foundation of PEO International, a women's educational philanthropic organization that grants scholarships to high school graduates of outstanding achievement or of financial need, and women continuing their education to earn higher degrees or career certification.

The selection of the recipient will be made by Sanibel Chapter FV of PEO. To apply or for more information, contact



image provided

Jane Ramseth at 472-2877.

The Lee family funds the scholarship in accordance with the wishes of Margaret (Margie) who passed away in November 2019. Margie was an active member of the Sanibel PEO Morning Stars, women who remained affiliated with their northern PEO chapters. Margie was characterized as "beautiful woman with a brilliant smile who lived a life of love, friendship, kindness and strength." ❄️



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dearRPharmacist

# Pros And Cons Of Amazon Pharmacy



by Suzy Cohen, RPh

**Dear Readers:** Just when you thought Amazon had enough money and had crushed enough small businesses, in comes Amazon

Pharmacy. On Tuesday, November 17, the e-commerce giant debuted its own drugstore and successfully tanked the stocks of several big, reputable pharmacies.

All those big retail pharmacies will take a hit in sales because consumers can now buy their drugs online using their Prime membership benefits. This whole “mail order pharmacy” is nothing new, it’s just getting a face lift because Amazon is going to be very efficient with it. They’re good at everything! Amazon is easy, convenient and cheap. You can sign up in five minutes or less, and they work with many insurance companies.

Do you love the idea of that?

It may come as a surprise to you, but this same, exact service is available right now at all major chain drug stores. Some

offer same day delivery, depending on where you live.

Amazon is not warm and fuzzy, meaning there are no pharmacists to chat with about your interactions and side effects. If Amazon becomes the biggest pharmacy retailer in the United States, we can safely assume many retail pharmacists will face layoffs, reduced hours and diminished store sales in the front end of the stores. I’m not assuming that will happen, I’m sure of it. Amazon is very good at scooping up swaths of sales and crushing the little guy!

Drug prices may be lower for people who are uninsured, but for those with insurance, it will not matter. Insurance copays and deductibles will remain the same. As for generic prices, they are very inexpensive to begin with. Prices are comparable across all pharmacies, including Amazon’s. If this topic interests you, sign up for my free newsletter at [www.suzycohen.com](http://www.suzycohen.com).

Here are some other reasons why Amazon may not be right for you:

1. Trust – You like your pharmacist and staff because you have cultivated that relationship for years.

2. Security – Private information is required to sign up with Amazon Pharmacy. Many Americans today are nervous about Big Tech, and what they might do with this private data that includes your drug list.

3. Availability – You have an urgent need, for example, you have food poisoning, a poison ivy reaction, a UTI or yeast infection. The discomfort of these conditions will prompt you to use

a local pharmacy.

4. Age – You are not 18 years old. Amazon requires you to be age 18 or older to use their pharmacy.

5. Residence – You live in Hawaii, Illinois, Kentucky, Louisiana, or Minnesota. Those five states do not permit Amazon Pharmacy as of yet. You’re stuck with the little guys.

6. Specialty Items – You need a compounded medication such as a special ointment, pill or cream-based bio-identical hormone.

7. Schedule II Drugs – You need a Schedule II drug such as Ritalin for attention deficit hyperactivity disorder

(ADHD) or Dilaudid for pain or many others. You cannot get those from Amazon. In fact, it’s hard to get those from any pharmacy, but you still can. However, if you want heroin or cocaine, move to Oregon where those have recently been decriminalized and are widely available with no prescription or pharmacist needed. Oh man, we live in a very weird world!

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

Beautifulife:

## Grace



by Kay Casperson

I have to say that this is one of my favorite words for many reasons. I love the word so much that it is my oldest daughter’s middle name. It is a word that we all need to have at the forefront of our lives

in order to continue living our best and most beautiful life.

The definition of grace is poise, elegance, forgiveness, or a blessing. An example of grace is the way a beautiful, stylish person easily walks across a room. Another example of grace is the letting go of a past wrong done to you. One of my favorite examples of grace is the prayer said at the beginning of a meal.

I do believe that we learn how to have grace and show grace to others as we continue to live out our lives. As we age, we learn more and more about how important it is to stay calm, cool and collected. We also learn how imperative it is to let the little things go, to forgive and to move through our life’s moments with faith, knowing all will workout.

Following are some of the ways you can continue to have grace and to show grace to others:

Carry yourself with poise and confidence knowing that you are not in this world to please others, but to be an example of true grace.

Inspire those around you to be

better and to always look for the rays of sunshine through the clouds and the rain.

Let go of any discouragement or disappointment and instead, cherish your many beautiful moments, achievements and memories.

Give out the abundance of your heart. The fulfillment of being a giver as well as giving back to your community and your world will make your heart sing.

Look forward to the promises of a better tomorrow, a bright future and know that you have the power to control your destiny.

Show kindness towards others with a simple smile, a warm embrace and softly spoken words, which can greatly impact a person’s day.

Pray and be thankful for the abundance of blessings in your life including your health, your happiness and your loved ones.

I believe that having grace and being graceful impact not only who you are but how others view you. Graceful individuals seem to age better and stay younger looking because they tend to manage the stressful situations with ease. We all need to work on this for a better, healthier and happier life today and every day.

My affirmation for you this week is:

“I am living a life full of grace and will let go of anything that does not inspire me to be better.”

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit [www.kaycasperson.com](http://www.kaycasperson.com) or follow on social media @kaycasperson.*✱

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## Doctor and Dietician

Love, Caring,  
Kindness This  
Holiday Season

by Ross Hauser, MD  
and Marion Hauser, MS, RD

We read a recent article from Dr. Joseph Mercola's website ([www.mercola.com](http://www.mercola.com)) on the rising incidence of loneliness all over the world. He discussed the fact that none of us can know for certain what tomorrow may bring. "The hard truth is that we do not know who will be around for Thanksgiving next November. What we do have is right now – this moment – today. We are not promised one second more..." The article was encouraging people not to live in a vortex due to what is going on in the world. We can still interact with people, including family for the holidays. Do we want to be "grappling with regret" if, God forbid, one of your family/friends is not at the Thanksgiving table next year?

The article goes on to quote an AARP report stating that isolation could be a fate worse than death. Since October 2019, increasing numbers of seniors report that they struggle with loneliness and depression. Many are frustrated trying to navigate uncharted territories, making previously simple things like going to the store or to a medical provider increasingly challenging. Not everyone is cut out to

handle "virtual" doctor visits and online grocery shopping.

We must remember those who are alone may be feeling even more isolated now, lacking motivation to do just about anything, including trying to connect with friends or family. Many are saying, "it's just not worth it." These are signs of depression. Social distancing and other regulations have led to an epidemic of loneliness, depression and anxiety that has significant emotional and health risks in and of themselves. Do you realize that many people are going months without interacting with any others outside of their homes or work? Women over age 50 are especially vulnerable to feelings of being overwhelmed, anxious and stressed.

A study in 2019 by the American Cancer Society, stated that social isolation increases mortality from every cause. Cassandra Alcaraz reported, "Our research really shows that the magnitude of risk presented by social isolation is very similar in magnitude to that of obesity, smoking, lack of access to care and physical inactivity." The article goes on to say that "the reason this happens is because prolonged social isolation physically changes the shape and function of your brain. The hippocampus, the region responsible for learning and memory, not only shrinks in size in response to long-term isolation, it loses its plasticity and may eventually shut down altogether. At the same time, the amygdala, which regulates your fear and anxiety response, goes into overdrive."

What can we do? Before cancelling your holiday plans with loved ones, consider figuring out a way to be together, make new memories and enjoy time spent together. None of us knows what tomorrow may bring. Let's consider the mental (and physical) health of those who may be more isolated than others. Invite someone over to your home or to take a walk on the beach. Let's choose the way of love, caring and kindness this holiday season.

*This information is not intended to*

*treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers.*

*It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✱*

Got A Problem?  
Dr. Connie Is In

by Constance  
Clancy

**Q:** I am a professional dancer and I have lost my job for an undetermined amount of time due to the virus. Dancing is my whole life. I feel that I don't know

what else I can do. I am reaching out for some ideas.

**A:** I am sorry to hear you are presently out of the work that is your passion. While you don't know when you can return to dancing professionally, I would encourage you to continue to practice and work out regularly. I hope you are getting unemployment compensation. Meanwhile, knowing that dancing is your passion, think about what else you are passionate about. This could turn into an opportunity for you temporarily until you can return to your dancing career. Employers are hiring and just remember, it is temporary. This is also

a time to cultivate compassion and awareness during these challenging times of daily living. You can be your best each day by embracing what comes to you and know that you have the ability to get through these challenging times with determination and resilience.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at [drconstanceclancy@gmail.com](mailto:drconstanceclancy@gmail.com) or visit [www.drconstanceclancy.com](http://www.drconstanceclancy.com).✱

Grief Support  
Group Meetings

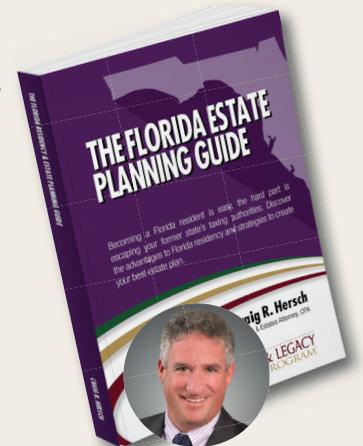
Sanibel Community Church is offering a GriefShare program in the Family Life Center on Tuesdays at 5 p.m. The program is open to anyone who has lost a loved one, and there is plenty of room for social distancing. Sessions feature a video, book, discussion and support.

Sanibel Community Church is located at 1740 Periwinkle Way. For more information, contact Maryelle Pavelka at 850-4221 or Robert Adams at 408-569-5440.✱

## FREE ESTATE PLANNING GUIDE

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- Most importantly, is your plan up-to-date and Florida-compliant?



by Craig R. Hersch  
Florida Bar Board Certified Wills,  
Trusts & Estates Attorney, CPA &  
Island Sun Columnist

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# PUZZLES

Answers on page 55



"Well, if you're such a good driver, how come Joe's Auto Body Shop gives you a \_\_\_\_\_?"

## SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Smart

Empty

Close

Berate

**TODAY'S WORD**

## HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Boy is taller. 2. Picture is vertical. 3. Chair back is different. 4. Fewer papers on floor. 5. Boy's collar is different. 6. Two checks on book. 9. More papers on desk.

## To Play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
|   |   | 5 |   | 4 |   |   | 9 | 8 |
|   | 3 | 7 |   |   | 5 |   |   | 2 |
| 8 |   |   | 1 |   |   | 3 |   |   |
|   |   | 2 |   | 9 |   |   | 4 |   |
|   | 4 |   | 6 |   |   | 8 |   |   |
| 5 |   |   |   |   | 1 |   |   | 6 |
|   | 5 |   |   | 1 | 4 |   |   | 9 |
|   |   | 9 |   | 5 |   | 6 | 1 |   |
| 7 | 2 |   | 8 |   |   |   | 3 |   |

# PETS OF THE WEEK

photos provided



**Chester ID# A833872**

Lee County Domestic Animal Services

## Chester And Turbo

**H**ello, my name is Chester. I am a 1-year-old male labrador retriever mix who is a beautiful boy with great manners for my young age. I have lots of energy that would be great for someone looking to get into agility training with a canine, and I am also quite intelligent. Give me a challenge and I will take it on with zest. I would be a good dog for an active family. My adoption fee is \$25.

Hi, I'm Turbo. I am a 4-month-old male domestic shorthair who is aptly named after my style of play. I am an absolute whirlwind with a pen light or even just a feather. I am easily amused and will play for hours. Take me home with a feline friend for hours of entertainment. Once I am played out. I like to curl up beside you (or in your lap) for cuddle time. My adoption fee is waived.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10 a.m. to 4 p.m. Visit [www.leelostpets.com](http://www.leelostpets.com) to complete an online



**Turbo ID# A829890**

application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.\*

## Airport October Traffic

**D**uring October, 417,305 passengers traveled through Southwest Florida International Airport in Fort Myers. This is a decrease of 34.7 percent compared to October 2019; however, it is a 63.1 percent increase compared to September 2020.

The traffic leader in October was American Airlines with 91,020 total passengers. Rounding out the top five airlines were Southwest (84,225), Delta (68,830), United (50,131) and JetBlue (44,011).

In October, 3,516,841 pounds of air freight was carried through the airport, which was a record-breaking number for that month. Air freight for the year is currently up 1.4 percent.

Southwest Florida International Airport had 5,384 aircraft operations, a decrease of 1.2 percent compared to October 2019. Page Field saw 12,391 operations, a 15.9 percent increase compared to October 2019.\*

## My Stars ★★★★★

### FOR WEEK OF NOVEMBER 23, 2020

**Aries** (March 21 to April 19) This year, instead of jumping into the whole holiday prep scene, move in a little at a time. You'll appreciate the sense of control you're more likely to enjoy.

**Taurus** (April 20 to May 20) The separation between the Bovine's head and heart is never as far apart as it seems. Both senses work best when they come out of logic and honesty.

**Gemini** (May 21 to June 20) The best way to keep those pre-holiday pressures under control is to just say no to taking on new tasks while you're still trying to work with a heap of others.

**Cancer** (June 21 to July 22) News means a change might be on its way, but what does it hold? Don't just ask questions; make sure you get answers you can trust.

**Leo** (July 23 to August 22) Old friends and new have one thing in common: Both your longtime and newly minted pals have much wisdom to impart.

**Virgo** (August 23 to September 22) With time running out, this is a good time for you to show 'em all what those Virgo super-organizational skills can do.

**Libra** (September 23 to October 22) Librans and holidays are made for each other, especially if children and animals are going to be part of your joyous season.

**Scorpio** (October 23 to November 21) Time is getting too short to allow a spat to taint the holiday season. Restart your relationship and reschedule holiday fun times.

**Sagittarius** (November 22 to December 21) Seeking advice is laudable. You might learn far more than you thought you could. Stay with it.

**Capricorn** (December 22 to January 19) Continuing to assess changes works toward your getting your new project up and ready. Trusted colleagues remain ready to help.

**Aquarius** (January 20 to February 18) That new situation needs a lot of attention, but it's worth it. This is a very good time for you to involve the arts in what you do.

**Pisces** (February 19 to March 20) It might be a good idea to slow your hectic holiday pace so that you don't rush past what – or who – you're hoping to rush toward.

**Born This Week:** Others pick up on your confidence in yourself, which inspires them to believe in you and your special gifts.

## MOMENTS IN TIME

- On Dec. 6, 1884, in Washington, DC, workers place a 9-inch aluminum pyramid atop a tower of white marble, completing the construction of a monument to the city's namesake and the nation's first president, George Washington.

- On Dec. 4, 1928, "Dapper Dan" Hogan, a St. Paul, Minnesota, saloonkeeper and mob boss, is killed when someone plants a car bomb under the floorboards of his new Paige coupe. The first car bomb was a horse-drawn-wagon bomb that exploded in 1920 outside the JP Morgan Company's offices in New York City.

- On Dec. 5, 1933, the 21st Amendment to the U.S. Constitution is ratified, bringing an end to the prohibition of alcohol. Prohibition did little more than slow the flow of booze, and bootleggers like Al Capone had built criminal empires out of illegal distribution.

- On Dec. 1, 1955, in Montgomery, Alabama, Rosa Parks is jailed for refusing to give up her seat on a public bus to a white man, a violation of the city's racial segregation laws. Parks' refusal was not merely brought on by her tired feet, as is the popular legend.

## Protect Pets From Electric Hazards

**L**ee County Electric Coop (LCEC) reminds families that pets get into everything around the house, but don't let their curiosity get them injured or, even worse, killed. Pet-proofing your home is a necessity to protect your beloved pets. Following are some simple tips for keeping your fuzzy family members safe:

Be sure that all plugs are completely in their wall sockets – You do not want a wet nose, paw and tongue coming into contact with exposed prongs.

Watch your cords for fraying or damage from nibbling – If unplugging cords is not an option and your furry friend is seeking out electrical cords, consider coating them in pet deterrent, which is available at pet stores, or wrap the cords in a cable or PVC.

Never leave any electrical items plugged in near water.

Do not allow your pet near lamps – If your pet loves lamps too much to keep them away, consider a low-heat lamp so there is less chance of fire if it is knocked over.

Keep your furry friends away from cords behind your computer or television – It may be warm and cozy for them, but the risk is too great with all of those cords and electrical connections. Set up a comfy area for your pet that is completely free of electricity. This would be an ideal spot for their crate, bed toys, etc.

Pet-proofing a home is just as important to baby-proofing since our "kids" rely on us to keep them safe. For more tips on electrical safety and more, visit [www.lcec.net](http://www.lcec.net).\*

Local civil-rights leaders had been planning a challenge to Montgomery's racist bus laws for several months.

- On Nov. 30, 1965, lawyer Ralph Nader publishes the muckraking book *Unsafe at Any Speed*. The book became a bestseller and prompted the passage of seat-belt laws in 49 states (all but New Hampshire).

- On Dec. 3, 1979, the last AMC Pacer rolls off the assembly line at the American Motors Corporation factory in Kenosha, Wisconsin. It was hailed as the car of the future when it debuted in 1975.

- On Dec. 2, 1997, *Good Will Hunting*, a movie that will earn childhood friends Ben Affleck and Matt Damon a Best Screenplay Oscar and propel them to Hollywood stardom, premieres in Los Angeles.

## NOW HERE'S A TIP

- "At a home center recently, I saw a zip-up bag to store artificial Christmas trees in. This bag looked like luggage, with wheels on one end. I have purchased two, and I use them under my bed to store off-season clothes. I can pull the handle and they wheel right out, and I no longer have to get down on the ground and tug them out as I used to

continued on page 54

# PUZZLES

Answers on page 55

## Super Crossword

### POMES FOR BEGINNERS

- ACROSS**
- 1 No-frills
  - 6 Very cloying things
  - 14 "Li'l Abner" drawer
  - 20 Fast Amtrak choice
  - 21 Industry of a merchant marine
  - 22 Not as fatty
  - 23 1987 Steven Spielberg war film
  - 25 Rubble on "The Flintstones"
  - 26 Hangs on to
  - 27 Start to doze
  - 28 Herb that tastes like anise
  - 29 Pixel, e.g.
  - 30 1930s coalition between Italy and Germany
  - 35 Suffix with Method
  - 38 — Major (Great Bear)
  - 40 Called off the relationship
  - 41 Cacklers with clutches
  - 42 Neophyte, in modern slang
  - 44 — Harbor (Guam port)
  - 46 Longtime name in restaurant guides
  - 47 Mooch
  - 48 Racecar track near a Japanese mountain
  - 51 Has begun, as a TV show
  - 53 Suffix with method
  - 54 Ontario tribe
  - 55 Put on one's big-boy pants
  - 57 Rock's Reed
  - 60 — Spumante (Italian wine)
  - 62 "— lizards!"
  - 65 Specialists in stone
  - 67 What you do when you read the first words of 23-, 30-, 48-, 85-, 102- and 114-Across?
  - 72 Like gluttons
  - 73 "That so?"
  - 74 Bruins' sch.
  - 75 I, to Kant
  - 76 Metric "thousand"
  - 78 Lie dormant
  - 80 Rub clean
  - 84 Venue
  - 85 Festive affair
  - 88 Japanese noodles
  - 91 Half of a 45
  - 94 — avis
  - 95 Whirlpool
  - 96 Had a debt
  - 97 Mosque turret
  - 99 Fire: Prefix
  - 101 Drivers' org.
  - 102 Gratifying wry twist
  - 105 Brand of TVs
  - 107 Pago Pago islander
  - 108 Aussie jumper
  - 113 Dearies
  - 114 Composer of the musical "Rent"
  - 118 "Encore" rapper
  - 119 Invitation for radio call-ins
  - 120 Mafioso Frank
  - 121 Longtime Nissan
  - 122 It helps pay for roads and schools
  - 123 Lie dormant
  - DOWN**
  - 1 Boxer Max
  - 2 Vertex
  - 3 30-day mo.
  - 4 24-book epic
  - 5 Actor Len
  - 6 General — chicken
  - 7 Arena arbiter
  - 8 "Jack Sprat could — fat"
  - 9 In the house
  - 10 Legless sideboard
  - 11 — Vegas
  - 12 Univ. URL ender
  - 13 VIP in D.C.
  - 14 Even though
  - 15 "Big Deal" singer Rimes
  - 16 "The A-Team" director Joe
  - 17 Appended
  - 18 Stripping off
  - 19 Nose about
  - 24 Snare
  - 28 Enter like a butterfly
  - 30 Less usual
  - 31 Time to wear a conical party hat, for short
  - 32 Brain wave test: Abbr.
  - 33 Nutrition std.
  - 34 Vancouver-to-Seattle dir.
  - 35 Facts, briefly
  - 36 Inner self
  - 37 Magic charm
  - 39 Coin money
  - 43 Galoot
  - 45 Long Island university
  - 47 Do some dickering in court
  - 49 Net message board operator
  - 50 Tearful
  - 52 Rash-causing plant
  - 55 Perceive in error aurally
  - 56 Kitchen pest
  - 57 IM chuckle
  - 58 Two halved
  - 59 Navy vessel inits.
  - 61 "Give this a shot"
  - 63 Bristol beer
  - 64 Oyster find
  - 66 Not crowded
  - 67 Hi-tech special FX
  - 68 Tolkien menace
  - 69 "Ho-hum"
  - 70 Yahoo! rival
  - 71 Big public protest
  - 77 Tissue injury
  - 79 Lathered up
  - 81 Verdi's slave
  - 82 Bar mixer
  - 83 "River" New Age artist
  - 84 Delta deposit
  - 85 Halliwell of pop music
  - 86 Not normal
  - 87 Library stall
  - 88 Reel partner
  - 89 Fantastic
  - 90 Skin colorer
  - 92 Shiba — (spitz breed)
  - 93 "— Boot"
  - 97 Foul vapor
  - 98 Play on a fife
  - 100 Briny bodies
  - 103 More bashful
  - 104 Pitch-perfect?
  - 106 30-day month
  - 109 Construction toy brand
  - 110 Villa d'—
  - 111 Learning by memorizing
  - 112 Short cut
  - 113 "— So Fine" (Louisa May Alcott novel)
  - 115 Decide (to)
  - 116 Tchr.'s union
  - 117 Santa — winds

|     |     |    |    |    |     |    |     |     |     |     |     |    |     |     |     |     |     |     |     |
|-----|-----|----|----|----|-----|----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|-----|-----|
| 1   | 2   | 3  | 4  | 5  | 6   | 7  | 8   | 9   | 10  | 11  | 12  | 13 | 14  | 15  | 16  | 17  | 18  | 19  |     |
| 20  |     |    |    |    | 21  |    |     |     |     |     |     |    | 22  |     |     |     |     |     |     |
| 23  |     |    |    | 24 |     |    |     |     |     |     |     |    | 25  |     |     |     |     |     |     |
| 26  |     |    |    |    |     |    | 27  |     |     |     |     | 28 |     |     |     |     |     |     |     |
|     |     |    | 29 |    |     | 30 |     |     |     | 31  | 32  | 33 |     |     |     |     |     | 34  |     |
| 35  | 36  | 37 |    | 38 |     | 39 |     |     | 40  |     |     |    |     |     |     | 41  |     |     |     |
| 42  |     |    | 43 |    | 44  |    |     | 45  |     | 46  |     |    |     |     |     | 47  |     |     |     |
| 48  |     |    |    | 49 |     |    |     | 50  |     |     |     |    | 51  | 52  |     |     |     |     |     |
| 53  |     |    |    |    | 54  |    |     |     |     |     | 55  | 56 |     |     |     | 57  | 58  | 59  |     |
|     |     |    | 60 |    | 61  |    |     | 62  |     | 63  | 64  |    |     | 65  |     | 66  |     |     |     |
| 67  | 68  | 69 |    |    |     |    |     | 70  |     |     |     |    | 71  |     |     |     |     |     |     |
| 72  |     |    |    |    |     |    |     | 73  |     |     |     |    | 74  |     |     |     |     |     |     |
| 75  |     |    |    | 76 |     | 77 |     |     |     | 78  |     | 79 |     |     | 80  |     | 81  | 82  | 83  |
|     |     |    | 84 |    |     |    |     |     |     | 85  | 86  |    |     |     | 87  |     |     |     |     |
| 88  | 89  | 90 |    |    |     | 91 | 92  | 93  |     |     |     | 94 |     |     |     | 95  |     |     |     |
| 96  |     |    |    |    | 97  |    |     |     |     | 98  |     | 99 |     |     | 100 |     | 101 |     |     |
| 102 |     |    |    |    | 103 |    |     |     |     |     | 104 |    |     | 105 |     | 106 |     |     |     |
|     | 107 |    |    |    |     |    |     |     |     | 108 |     |    |     | 109 |     |     | 110 | 111 | 112 |
| 113 |     |    |    |    |     |    | 114 | 115 | 116 |     |     |    | 117 |     |     |     |     |     |     |
| 118 |     |    |    |    |     |    |     | 119 |     |     |     |    |     |     |     |     | 120 |     |     |
| 121 |     |    |    |    |     |    |     |     |     | 122 |     |    |     |     |     |     |     |     | 123 |

## King Crossword

**ACROSS**

- 1 Flourish
- 6 "Rabbit, Run" author
- 12 Tearjerker
- 13 Construction piece
- 14 "Anna Christie" playwright
- 15 Coats
- 16 Lima's place
- 17 Father of Thor
- 19 Away from WSW
- 20 Style
- 22 LummoX
- 24 Most Wanted List org.
- 27 Elite alternative
- 29 Bart's sister
- 32 Lincoln's election year
- 35 Region
- 36 Location
- 37 Storm center
- 38 Inseparable
- 40 Osso buco base
- 42 A cont.
- 44 Level
- 46 Apiece
- 50 Boardroom props
- 52 Prophet
- 54 Half a story-book duo
- 55 "My heavens!"
- 56 Clothing
- 57 Unlike a rolling stone?
- 11 Gaelic music
- 12 Doo- —
- 21 Make a choice, with "for"
- 23 "The Greatest"
- 24 Shriner's chapau
- 25 Life story, for short
- 26 Unknowing
- 28 Waiting area
- 30 Pigpen
- 31 Nay canceler
- 33 Coop denizen
- 34 Multitude
- 39 Old anesthetic
- 41 Starts
- 42 Turkish potentate
- 43 "Animal House" group
- 45 Capri or Wight
- 47 Dogfight participants
- 48 23-Down's old name
- 49 The lady
- 51 Sixth letter after 53-Down
- 53 See 51-Down

**DOWN**

- 1 Part of N.B.
- 2 Lecherous look
- 3 Poppy drug
- 4 Lubricate
- 5 Tunes
- 6 Wrinkly fruit
- 7 Challenge for Laurel and Hardy in "The Music Box"
- 8 Saharan
- 9 Obsession
- 10 "Show Boat"

|    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4  | 5  | 6  | 7  | 8  | 9  | 10 | 11 |    |
| 12 |    |    |    |    |    |    |    | 13 |    |    |    |
| 14 |    |    |    |    |    |    |    | 15 |    |    |    |
| 16 |    |    |    |    | 17 | 18 |    |    |    | 19 |    |
|    |    |    | 20 | 21 |    |    | 22 | 23 |    |    |    |
| 24 | 25 | 26 |    | 27 |    |    | 28 |    | 29 | 30 | 31 |
| 32 |    |    | 33 |    |    |    |    | 34 |    |    |    |
| 35 |    |    |    |    | 36 |    |    |    |    | 37 |    |
|    |    | 38 |    | 39 | 40 |    |    | 41 |    |    |    |
| 42 | 43 |    |    | 44 | 45 |    |    | 46 | 47 | 48 | 49 |
| 50 |    |    | 51 |    |    |    | 52 | 53 |    |    |    |
| 54 |    |    |    |    |    |    |    | 55 |    |    |    |
| 56 |    |    |    |    |    |    | 57 |    |    |    |    |

## MAGIC MAZE • MAY WORDS

D Y B Y V T M Q Y O L I G D B  
 R C A P E (M A Y F L O W E R) Y  
 W O T D B R Y P M K F I S F D  
 B Y Y W Y U H E S Q O Y I M K  
 I F D A A A E Y L N A Y A M H  
 B Z X W M U M N A P A S N M S  
 Q O N L E J H F N M P D N C I  
 A Y W V L T S Q S E A A O P F  
 N L K I H F E I C B Y R Y Z Y  
 Y W V U S R D Q P N M A A A A  
 L J I H F E E L O P Y A M K M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally  
 Unlisted clue hint: HEAD OF A CITY GOVERNMENT

- Cape May
- Mayan
- Mayenne
- Mayhem
- Dismay
- Mayapple
- Mayfish
- Mayonnaise
- Karamay
- Maybe
- Mayflower
- Maypole
- LeMay
- Mayday
- Mayfly

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|   |  |  |  |  |   |  |
|---|--|--|--|--|---|--|
|  <b>FRIDAY</b><br>Sunny<br>High: 78 Low: 67 |  <b>SATURDAY</b><br>Sunny<br>High: 77 Low: 68 |  <b>SUNDAY</b><br>Partly Cloudy<br>High: 76 Low: 65 |  <b>MONDAY</b><br>Mostly Cloudy<br>High: 71 Low: 62 |  <b>TUESDAY</b><br>Cloudy<br>High: 70 Low: 59 |  <b>WEDNESDAY</b><br>Sunny<br>High: 72 Low: 63 |  <b>THURSDAY</b><br>Partly Cloudy<br>High: 77 Low: 66 |
|---|--|--|--|--|---|--|

**Redfish Pass Tides**

| Day | High     | Low     | High     | Low     |
|-----|----------|---------|----------|---------|
| Fri | 12:15 pm | 5:17 am | 10:44 pm | 4:27 pm |
| Sat | 1:04 pm  | 5:52 am | 11:02 pm | 4:49 pm |
| Sun | 1:50 pm  | 6:26 am | 11:24 pm | 5:07 pm |
| Mon | 2:34 pm  | 6:59 am | 11:51 pm | 5:23 pm |
| Tue | 3:17 pm  | 7:35 am | None     | 5:41 pm |
| Wed | 12:23 am | 8:13 am | 4:04 pm  | 6:04 pm |
| Thu | 1:00 am  | 8:56 am | None     | None    |

**Point Ybel Tides**

| Day | High     | Low     | High     | Low     |
|-----|----------|---------|----------|---------|
| Fri | 11:20 am | 5:19 am | 9:49 pm  | 4:29 pm |
| Sat | 12:09 pm | 5:54 am | 10:07 pm | 4:51 pm |
| Sun | 12:55 pm | 6:28 am | 10:29 pm | 5:09 pm |
| Mon | 1:39 pm  | 7:01 am | 10:56 pm | 5:25 pm |
| Tue | 2:22 pm  | 7:37 am | 11:28 pm | 5:43 pm |
| Wed | 3:09 pm  | 8:15 am | None     | 6:06 pm |
| Thu | 12:05 am | 8:58 am | None     | None    |

**Punta Rassa Tides**

| Day | High     | Low     | High     | Low     |
|-----|----------|---------|----------|---------|
| Fri | 11:37 am | 5:22 am | 11:10 pm | 5:09 pm |
| Sat | 12:13 pm | 6:01 am | 11:34 pm | 5:43 pm |
| Sun | 12:47 pm | 6:38 am | 11:52 pm | 6:11 pm |
| Mon | 1:23 pm  | 7:14 am | None     | 6:35 pm |
| Tue | 12:04 am | 7:52 am | 2:04 pm  | 6:56 pm |
| Wed | 12:20 am | 8:30 am | 2:53 pm  | 7:21 pm |
| Thu | 12:47 am | 9:09 am | 3:46 pm  | 7:55 pm |

**Cape Coral Bridge Tides**

| Day | High     | Low      | High    | Low     |
|-----|----------|----------|---------|---------|
| Fri | 12:37 am | 8:33 am  | 2:25 pm | 7:43 pm |
| Sat | 12:54 am | 9:08 am  | 3:14 pm | 8:05 pm |
| Sun | 1:12 am  | 9:42 am  | 4:00 pm | 8:23 pm |
| Mon | 1:34 am  | 10:15 am | 4:44 pm | 8:39 pm |
| Tue | 2:01 am  | 10:51 am | 5:27 pm | 8:57 pm |
| Wed | 2:33 am  | 11:29 am | 6:14 pm | 9:20 pm |
| Thu | 3:10 am  | 12:12 pm | None    | None    |

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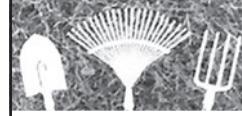
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# Gobble Up Electric Savings This Thanksgiving

Despite the smaller crowd of hungry guests this Thanksgiving, it is still important to consider your electric usage while you dish out your famous foods.

Lee County Electric Cooperative (LCEC) reminds customers:

Cook multiple things at once and resist the urge to peek into the oven. If you can cook some appetizers, dinner and dessert items at once, you can cut down on your electric usage while giving your oven a much-deserved rest. Remember that every time you open your oven, the temperature drops by 25 to 30 degrees in addition to raising the temperature in your kitchen.

Microwaves use half as much electricity as conventional ovens, and cook items in a shorter time. Consider using your microwave to cook smaller items like side dishes, and leave the big dishes for the oven.

Make sure you match up pots and pans to your burners. Using a small pot on a big burner wastes electricity.

Consider using a cooler rather than opening your fridge over and over to get out cold items like drinks.

Be sure to give hot food time to cool down before storing.

Save time, water and electricity by using your dishwasher but be sure to fill it completely to get the most bang for your buck.✪

From page 49

## Now Here's A Tip

do. It's a back saver." – IW via email

- If you get a scratch in a white enamel sink or other white enamel surface, try touching it up with white fingernail polish.
- "Try soaking an ink stain in rubbing alcohol for a few minutes before putting the garment in the wash." (Test first on a scrap.) – BD in Virginia
- "If you have a picture frame that just won't stay straight, cut the eraser tip off of a pencil and glue the flat (not the domed) side to the back of your frame at the bottom. For stubborn frames, use one at each corner. Then re-hang. Once you situate it on the wall, the erasers keep the frame from slipping to either side. It works great." – RI in California
- Don't just move dust around with that feather duster. Reserve it for dusting delicate items in a designated space (outdoors, preferably). Get a microfiber cleaning cloth instead. It catches dust and holds it.

- To make your own special flavor of coffee creamer, use a pint of fat-free or low-fat half and half and add the extract or spices of your choice. Some ideas: peppermint extract, chocolate syrup, almond extract, cinnamon, nutmeg or vanilla extract.

## STRANGE BUT TRUE

- The weight of all the ants on earth is greater than that of all humans.
- Doctors who perform laparoscopic surgery, which involves inserting a tiny camera into a patient's body through a small incision, have better coordination if they play video games at least three hours per week. According to a 2003 study, gamer surgeons made 37 percent fewer errors and worked 27 percent faster than those whose only "video game" experience was the surgery itself.
- The ancient Romans used swan fat or donkey milk to soften wrinkles, while sores and freckles were treated with the ashes of snails.
- Eskimos use refrigerators to stop their food from freezing.
- Disney's musical fantasy comedy *The Princess and the Frog* led to an unexpected salmonella outbreak in the United States. More than 50 children were hospitalized after the film's release when they attempted to free handsome princes with a kiss from what turned

out to be perfectly ordinary, definitely non-prince frogs.

- Redheads produce more vitamin D than other hair colors.
- Bao Xishun, a Mongolian herdsman, saved the lives of two dolphins by using his incredibly long arms to remove plastic from their stomachs. Bao stands nearly 8 feet tall and each arm extends more than 3 feet. All other attempts at saving the dolphins had failed.
- Watermelons may be a tasty treat today, but that wasn't always the case. Originating in Africa, they were first cultivated solely for their water content – their flavor was very bitter.
- In Sweden, the body warmth of more than 200,000 commuters passing through Stockholm's Central Station is harvested to provide heat for an office building across the road.

## THOUGHT FOR THE DAY

"When I was young, I admired clever people. Now that I am old, I admire kind people." – Abraham Joshua Heschel

## TRIVIA TEST

1. **Measurements:** How many tablespoons are in 1/2 cup?
2. **Television:** Which 1990s sitcom featured the theme song *I'll Be There for You*?
3. **Geography:** Where is the city of

# CLASSIFIED

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By virtue of security interest, the above vehicles will be offered for sale. Seller reserves the right to withdraw vehicle(s) from sale if adequate bids are not received. Vehicles are sold as is. Terms: cash and bank-certified funds.  
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A close-up photograph of a dish of Yucatan shrimp. The shrimp are large, pink, and garnished with fresh green herbs, red chili peppers, and yellow onions. A slice of lime is visible in the bottom left corner, and a piece of bread is in the background.

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